



Divya Drishti



2019 Edition

Bhajan

**Doctor Daas Saheb Kee Darshan Hai Durlabh,
Bade Saubhaagya Se Mile Aisi Awsar.(Chorus)**

Being in the company of Dr. Das is an exceptional opportunity;
only the most fortunate people get this opportunity

**Detaa Hai Gyaan Sabako, Aisaa Vah Bade Vidwaan Hai,
Sabse Milte Hai Sabse Karte Hai Prem, Chaahe Sab Kaa Bhalaa;
Vah Na Hote To Pashchim Men, Naa Hotaa Yah Panth...**

He is a great intellectual and shares his wisdom with one and all, he mingles with everyone and is a well-wisher to one and all. Only due to him do we have a Kabir Panth community in the west

**Aisaa Lagataa Hai Sataguru Kripaa Kiyaa, Jo Ham Dhanya Huwe,
Nahin Hai Is Jagat Men Dariya, Dil Aisa Aur Kahin;
Bhali Bhaanti Ujaagar Kiyaa Bhakton Ko...**

We are lucky as Satguru Kabir Saheb has sent him to us; nowhere in the world can we find such a generous personality. He has enlightened devotees worldwide very passionately

**Doctor Daas Saheb Kee Darshan Hai Durlabh,
Bade Saubhaagya Se Mile Aisi Awsar...**

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*Composed by Mht Jay Jagdessur in honour of Dr. Jagessar Das (Kabir Association of Canada),
in appreciation of his many contributions to promoting the Kabir Panth faith in North
America. (September 2019)*

Editorial

As I write the 9th editorial of '*Divya Drishti*', I reflect on all the progress the Kabir Panth community in Toronto has made. From *satsangs* to *chaukaa aaratees*, community service to Fun days, *bhajan* renditions to Holi *chautals*, visits by eminent personalities to visits abroad by our prominent members... The growing Kabir Panth community has seen a lot happen during the past 9 years. Elders have transferred their valuable experiences and the youth have acquired important life lessons, equipping them with tools to face the growing challenges of the world.

But the most important achievement this year has no doubt been the synergy between the Vancouver and Toronto Kabir Panth communities resulting in the launch of the Kabir Centre in Toronto. Our very special thanks go to Dr. Jagessar Das who has been instrumental in making this happen. For the members of the Kabir Association of Toronto it is a dream come true. For many years Kabir Panthis have worked hard to bring everyone together with a view to having a common place where all can meet and celebrate Satguru Kabir Saheb. Each and every *satsang*, each and every meeting, and each and every prayer is a celebration of our Satguru... Our Satguru who is our source of light and knowledge. One of the biggest challenges finding a suitable place was the location. Toronto and the greater Toronto area being so widespread, and our members living so far apart, it has been a real dilemma to find the right location. I must say it is Satguru Kabir Saheb's grace that found us a location which is central.

2019 has really opened a new chapter in the life of the Kabir Association of Toronto. The Kabir Centre is the gateway to yet greater spiritual growth and development. Open to the public, more truth seekers are now able to attend our activities. Apart from *satsangs*, yoga, meditation, *bhajan* practice, and other activities will now be held. It is indeed very gratifying to see the enthusiasm and interest in our members to come up with so many different ideas to set up the place and organize new activities. As we move on, I am sure this place will become a focal point for all those who want to grow spiritually and pass on the teachings of Satguru Kabir Saheb to the next generations.

The Kabir Association of Toronto has also received help from many people, not only in Toronto, but also from abroad. We have been helped by supporters in the US, Trinidad and Tobago, and Australia among others. As the Kabir Centre in Toronto is the only Centre in Canada to spread Satguru Kabir Saheb's teachings, we are sure that people will continue to support us in our mission. The Kabir Association of Toronto is also grateful to the volunteers

who have come forward to help us upgrade the Centre. Without their help, the Centre would not have been what it is today.

2020 will be a challenging year. Our members have a lot of plans on how the Centre can be optimally used for the benefit of our members as well as members of the public. Translating these plans into actual activities, and making them a success will indeed be a big challenge. Once more, we look forward to the support of all our well-wishers and hope to have a great 2020.

I wish you all Happy Holidays and continued success in your spiritual growth.

Mahant Jay Jagessur (President)

Message from the President

The historic message of President John F. Kennedy resonates with us when we think how we can challenge ourselves to be more benevolent. “Ask not what your country can do for you – ask what you can do for your country”. As I reflect on this great message, I realise how the members and supporters of the Kabir Association of Toronto have come together with a common goal to realise the incomplete wishes of all those who have strived hard for the Kabir Panth community in Toronto. We must all be very proud of this great achievement called “the Kabir Centre”.

My message this year is a message of legacy. First and foremost, we should all be very grateful to Dr. Jagessar Das and the Kabir Association of Canada for their invaluable support to make this dream come true. Without this support, we would not have a Kabir Centre in Toronto. This legacy, transferred to us from Vancouver, demonstrates the message of Satguru Kabir Sahib on how we should be mindful of being charitable.

**“Lene Ko Guru Naam Hai, Dene Ko Ann Daan;
Tarne Ko Adheenataa, Dooban Ko Abhimaan.”**

Satguru Kabir Sahib instructs us not to be attached to our possessions. He teaches us the value of giving and sharing, and supporting others. What we need to take is the name of the Lord, and what we have to give is food and charity to those in need. To be able to cross the shore and reach our destination safely, we need to be humble and drown our egotism and arrogance. This is indeed a very powerful message which can only be implemented by the brave one. The brave one is not afraid of death. The brave one does not care about death

when he knows he has performed the right actions. Death is only a gateway to liberation. Only through death can we escape this world of illusion, full of deceit and dishonesty. Thus, the legacy conferred to us by our Vancouver counterparts is very valuable, and it is our duty to carry this legacy honourably.

The members of the Kabir Association of Toronto have also been very engaged in practicing humility and charity. Over the years, Kabir Association of Toronto has been helping the homeless, donating food to food banks, and also helping other like-minded groups in their pursuit of spiritual growth. The youth of the Association are also exposed to the teachings which will groom them to practice Satguru Kabir Saheb's teachings and transfer them to the next generations. The satisfaction one derives in giving cannot be matched with the pleasure of receiving. Knowing that we will not live eternally on this physical plane of existence, and knowing that we have within us what can help others relieve their hunger and meet their basic needs, it is our duty as Kabir Panthis to selflessly support the needy.

Our greatest legacy, now that we have our Centre is to spread the teachings of Satguru Kabir Saheb as much as we can. As we have been fortunate to be supported by the Kabir Association of Canada, it is also our duty to pass on all the knowledge and teachings we have to the younger generations. We all have a big challenge to ensure that the new generation is well equipped to continue the mission we have started, and that they can ensure continuity in the practice of the Kabir Panth faith. Death should not be regarded as an end which will stop what has been started by our forefathers. Giving due respect to our Guru, who is the embodiment of God, we acknowledge the priceless legacy he bestows us with. Nothing in the world can match the nectar the Guru gives us.

**“Yah Tan Vish Ke Belaree, Guru Amrit Ke Khaan;
Sees Diye Jo Guru Mile, To Bhee Sastaa Jaan.”**

In other words, our physical body is but a poisonous creeper, while the Guru is an abundance of nectar. Therefore, even if we have to offer our head to our Guru, it is still cheap in exchange for the nectar he gives us.

Let not death be an obstacle in our endeavor to continue the transfer of knowledge from generation to generation. Our task is to always equip the younger generation with the tools to lead a spiritual life, and teach their children the same. Ask not what you can do for yourself – ask what you can do for others.

Mahant Jay Jagdessur (President)

Message from the V. P.

Bandagi Saheb to one and all,

We are coming to the end of another year. The media is filled with commentaries on the year that will soon be consigned to history, and speculative predictions on what lies ahead. For me, the end of the year is always a reflective time; a time for taking stock of what I am doing with the time allotted to me. This grows particularly clear to me as I enter my sixties. Human beings have always marked time by significant events. The real question is not whether we will mark time, but how we will do so. What events and what messages are we proclaiming in the calendaring of time? How do we view time? Is it a tyrant ruling over us? Or, is it a tutor, teaching us the way to live our lives in this world so that they open into eternity? Let us keep focusing on the right path of life by being respectful, humble, truthful, helpful, loving, spiritual, etc.

As we sit down, during this holiday, with our family, relatives and friends, let us use this time to continue to reflect in our spiritual beliefs, whatever they may be, and use it help better ourselves and to help better society. For me, I have been fortunate to be a Kabir Panthi, one who follows the path of Sadguru Kabir Saheb, and that is why I always believe in *sewa*, helping someone, being in *satsang*. I always try to go by the three S's, *satsang*, *sumiran*, and *sewa*. I am happy to say that I am contented with my life so far. And so you too should aim for the same or better

Tribute to Mataji Rookmin Ramcharran

This year started off somewhat dismal. It was in January, our dear beloved Mataji, Rookmin Ramcharran, a Kabir Panthi and life-long member of the Kabir Association of Toronto, started to develop some health problems and the family was beginning to find it difficult to deal with. She eventually ended up in the hospital and at one point we thought there was some hope that she was coming back home. It turned out that God had a different plan; she would not make it back with her family, and so she passed away at the end of January, 2019. Those who knew her, would agree that she was truly a nice person who sacrificed her life for her family all the way to the end; loving and kind, calm, and always speaking sweetly. She is sadly missed by all her children, in-laws, grandchildren, relatives and friends. Everyone she came into contact with, she showered them with her blessings. May her soul find its way to *satlok*.

A synopsis of my first and historical trip to India this year, 2019

I started off my journey with Mht Jay Jagdessur on March 12th and came back on April 4, 2019. We travelled to Mumbai first, and stayed in the city of Pune where we spent a couple of days with Reena ji, who visited us in 2018 while participating in the Parliament of World Religions. Reena ji had organised a *satsang* at her residence which Mht Jay officiated. We also had the privilege of meeting another great soul, Shudha ji, connected with the Dhamakheda lineage.

After that, we left for Baroda, and spent a day there, visiting various sites where Satguru Kabir Saheb travelled and preached. From here I began to feel fortunate to see those places such as Kabir Vat.

We then left for Jamnagar, Gujarat, taking an over-night bus trip. It was an experience that I will never forget because of the fact that for the first time we slept in the lower sleeping quarters of a bus. It was a rough one as the roads were bumpy. However, we managed it by talking throughout almost the entire night. We spent about one week in Jamnagar, starting with a tour of the ashram. We had the privilege to see the great work done by many *sadhus*, notably, the late Ramswaroopdasji Maharaj Saheb, and Mht Jagdish Das Shastri Saheb. Suffice to say since Mht Jagdish was the driving force for the ashram after Mht Ramswaroopdasji had expired. We were also fortunate to meet a great *sadhu*, the disciple of Mht. Jagdish Saheb, Premsagar Saheb. I wish we had more time to spend with him. While there, we were guided by the trustee of the ashram to the Samarpan General Hospital, which has known several extensions, and where many operations are performed on a daily basis, e.g. heart transplants: treatments for eye, nose, dental, and breast cancer, etc. We have been told that this is a world leading hospital due to the number of operations that are carried out each day. We were fortunate to meet many *sadhus* and had daily *satsangs* in the morning and evenings. I must also make mention of the cows. In the gaushala, the cows were treated like guests in a five star hotel.

Varanasi

From Jamnagar, we travelled to Ahmedabad Airport and headed to Varanasi, where we were received by Keshav Saheb and another *sadhu*. At the Lahartara ashram, we stayed in a room next to Hazur Saheb's residence. The ashram is a three storey building with around 55 resident *sadhus*.

The temple was just about five minutes away and we went to see it. It was mind-blowing, seeing the pond where Sadguru Kabir Saheb had appeared, which is next to the temple. I was really excited and happy to be there, a once-in-a-lifetime experience. Words cannot describe it. I can say we have been there.

We also visited Maghar, accompanied by Santosh ji. It was a long drive and once we got there, we were received by Mht. Arvin Das Shastri and given a warm welcome. From here on, we were led to the Samadhi and mausoleum (Hindu and Muslim sites) where Sadguru Kabir Saheb had chosen to disappear. This was also an unbelievable experience which I can't forget in my life; I will use these experiences to foster my studies about Sadguru Kabir Saheb. At the Lahartara ashram, very early in the morning, we participated in reciting the Guru Mahima and in the evening Sandhya Paath in the presence of Hazur Ardh Naam Saheb. At the end of our journey, we were graciously sent off after our last *satsang* the day before we left. By that time, we had made several friends including Santosh ji and Vijay ji. For me, I had the privilege in being in the company of many *sadhus* also. All said and done, the Lahartara mission was a great one. I surely miss them all and hope that one day I can go back there.

Hazur Saheb's visit to Toronto June-July, 2019

We had the pleasure of having His Holiness visit us in Toronto this year. He was accompanied by a devout follower, Mansukh Das Saheb. Home visits were organised and my home was very fortunate to have been included in the program. His lectures were very powerful especially when he spoke about of those having a Satguru in their lives; all the bad karma that we have accumulated during our lives we can get rid of them by being in the company of Saints and Sages. This will lead us to our destination where we don't have to come back in the cycle of birth and rebirth. He further went on to mention about the crows and swans; the crows are the bad people and the swans are the pure souls, *hansa*. He further went on to say about how to change from a crow to a swan, etc, etc.

Turning my attention towards The Kabir Association of Toronto, 2019

When Mht. Jay Jaggessur and family came to Canada, they quickly settled in into *satsang* with us, which was being held by Mahants Pattiram, Chetram and Deochan Saheb, who had been guiding us for more than twenty five years at the time. It was agreed that we would build on the existing Kabir Panth movement of Toronto and soon after, regular *satsangs* were held at Mht. Jay's residence. We then formed a new movement with the same devotees, in March 2011, The Kabir Association of Toronto. Since then, we started to think about getting a place to carry out our activities. It was not easy as there were many times when we put our offer for purchase, but were unsuccessful. It so happened that earlier this year, Mht. Jay found

another place which we all agreed upon. Then as of June of this year, 2019, the sale of #38-1365 Midway Blvd., Mississauga, became successful. Many thanks to the generous donations by Dr. Jagessar Das and the members of Guru Kabir Association of Canada. If it wasn't for them, we would not have been able to get to this point at this time. We are so grateful for this gift; may Sadguru Kabir Saheb bless them all.

I also wanted to pay my respects to our beloved mahants, Jay Jaggesur, Vithal Das and Pattiram Saheb, who have been working very hard to provide us all with the knowledge of Saduru Kabir Saheb's teachings. I must also include Dayabhai Saheb as well who is a learned person.

Renovations

I still recall the time when Mht. Jay and I got the keys from the lawyer's office; it was a Friday afternoon. We turned our sight towards the building and immediately summoned all our members to start with the preparations of this unit. It took a lot of man-power, materials and finance to bring it to the point of acceptance. I recall there was one time when we worked from afternoon to morning and morning to late night as well, trying to get the lobby tiling done. Almost every member contributed in one way or the other with me leading the renovations. We had a lot to do before September 8, 2019, the inauguration date. Works included, among others, dressing the stage areas, program planning, preparing for guests and distinguished guests from British Columbia, Dr. Jagessar Das and his wife, Urmillia Das ji, Ramesh and wife, and Saroj ji.

As I get closer to the end of my contribution to this news magazine, I want to say thank you from the bottom of my heart for allowing me to be part of your lives as a big family in the Kabir Association of Toronto. Thank you also for supporting the Kabir Association of Toronto. Good health, peace and love to all of you. I look forward to be in your company again and again. God Bless.

I am sharing a *bhajan* (from the Beejak) and its meaning in the following page.

Haimraj Das (Vice-President)

Beejak Shabd 59

Saakhee

**Maayaa Maayaa Sab Kahain, Maayaa Lakhai Na Koy;
Jo Man Se Naa Utare, Maayaa Kahaaye Soy.**

Everyone talks of the Maya (delusion) but none know the real truth behind it. That which involves the mind deeply and does not leave it, that is called Maya (the imaginations of the mind, false beliefs and carnal desires are all which come in the zone of Maya).

**Maayaa Mahaa Thagani Ham Jaanee;
Trigun Phaani Liye Kar Dolai, Bole Madhuree Baanee.(Chorus)**

I know Maya to be a great cheater. With the noose of three *gunas* in her hand she roams the world, and speaks sweetly.

**Keshav Ke Kamlaa Hoy Baithi, Shiv K Bhavan Bhawaanee;
Panda Ke Moorat Hoy Baithi, Teerath Men Bhayi Paanee...**

In the home of Keshav (Vishnu) she sits as Kamla (Lakshmi), and in the home of Shiva she is Bhawani (Parvati). In the home of the *pandit* (priest) she is in the form of idols, and in the holy places of pilgrimage, she is in the form of water.

**Jogee Je Jogini Hoy Baithe, Raajaa Ke Ghar Raanee;
Kaahu Ke Heeraa Hoy Baithi, Kaahu Ke Kaudee Kaanee....**

In the home of the *yogi* she is the *yogini*, and in the palace of the king she is the queen. For some she is the wealth of diamonds, and for others she worth only pennies (cowry shells).

**Bhaktaa Ke Bhaktini Hoy Baithi, Brahmaa Ke Brahmaanee;
Kahahin Kabeer Sunaho Santo, Ye Sab Akath Kahaanee...**

In the home of the *bhakta* (devotee) she is the *bhaktin* (female devotee), and in the home of Brahma she is in the form of Brahmani (Saraswati). Kabir says: "Listen, oh saints! All these are mysterious and difficult to explain.

*Taken with respect from the Bijak of Guru Kabir, page 178, shabda 59, prepared by Dr.
Jagessar Das.*

2019 In Review

2019 has been a very busy year, full of activities. Exceptionally this year, members have been tremendously involved in our activities and have given their support to lots of initiatives and projects. I will highlight the major activities we had in 2019.

In March, Mahant Jay Jaggessur and Diwan Bemal Das visited India. Their trip was very rich as they visited lots of people in various parts of the country. Their first stop was in Pune. Reena Ginwala graciously accommodated them for 2 nights at her residence, where she also held a *satsang*. Both of them are very thankful for all the arrangements Reenaji made for them during their stay. In Pune, they also paid a visit to the Pune Kabir Mandir which is at the residence of Dr. Sudha Pundit. After Pune, they travelled to Vadodra where they were received by a very nice family, the Patel family. Vaishaliben Patel took great care of both of them, and had her uncle, Kanoobhai Patel accompany them to Kabir Vat. Kanoobhai was more than a guide to them. From Vadodra they went to the Jamnagar Kabir Ashram. They were received by Kamla Mata and Nilooben who were also staying at the ashram at that time. They had a very good time in the ashram and also celebrated Phalgun Poornima there. They visited the Samarpan Hospital which is run by the Jamnagar Ashram. After Jamnagar they flew to Varanasi. They spent 13 days at the Lahartara Dham Ashram in the company of Hazur Ardh Naam Saheb and *saadhus* and *sants*. In Varanasi they visited Lahartara Smarak, Kabir Chaura Math, Kabir Kirti Mandir, Sarnath, Banaras Hindu University, Ravidas Math, Ramnagar Fort, the Panchganga ghaat and other ghaats. Santosh Das Saheb also accompanied them to Maghar to visit the mausoleum and *samadhi* of Kabir Saheb. Shivmuni Saheb brought them to Allahabad where they visited the Bijak Mandir in Preetam Nagar and the Triveni Sangam.

In May, the Kabir Association of Toronto presented a *bhajan* programme, Discovering Kabir, at the request of Padmini Koovarjee. This *bhajan* programme was very well received. In June another *bhajan* programme was organized by the Association "Jhini Chadariya" in the context of Pragatya Divas.

June 21st was a historical date for the Association. This was when the Association acquired a unit to house its Centre. Members soon started to come together to clean the place and upgrade the unit for use as our Centre. Hazur Ardh Naam Saheb, accompanied by Mansukh Das Saheb visited Toronto end of June for 10 days. This visit was marked by various *satsangs* and home visits, and also one *aanandee chaukaa aaatee* which was held by the Prajapati

family. On July 3rd, Hazur Ardh Naam Saheb officiated a *jhanda* ceremony at the newly acquired unit.

Mahants Jay Jaggessur and Vithal Dass Saheb visited Trinidad, joining Hazur Ardh Naam Saheb on his mission there. It was the time to consolidate ties between Toronto and Trinidad.

The launch of the Kabir Centre was inaugurated by Dr. Jagessar Das on September 8th. Dr. Das was accompanied by his wife Urmilaji, who also participated in the inaugural function. We were also joined by Mahant Parsuram Dookie and his wife Karandai from Trinidad, and Phoolmateeji from New York.

Indeed 2019 was very rich in events, especially with the launch of the Kabir Centre. We are looking for another year full of activities in 2020 as we plan to organize more activities like Yoga and Meditation.

The Path of Truth

Satguru Kabir Saheb is known to have been a great Indian poet (Father of Indian poetry) to many, but to some, he is a Satguru or a great teacher of the philosophy of Truth. This was because Satguru Kabir Saheb had confronted many of the religious malpractices performed by Hindus and Muslims in India at that time which had deviated from the philosophy of truth. Satguru Kabir Saheb's poetry was very witty and upfront, often relating to the empty hypocritical practices in religion. Satguru Kabir Saheb had also prescribed the teachings for living a life of truthfulness as a means to self-realization or liberation. Although there is a relatively small number of Kabir Panthis around the world, Satguru Kabir Saheb's teachings are not small. They can teach everyone from a spiritual and universal standpoint irrespective of what religion or faith they follow. Only when we implement truthfulness in our lives, can we realize the unity we share with God in the universe.

Nearly a decade ago, a hand full of Kabir Panthis residing in Toronto became very blessed to have met the very knowledgeable and talented Mahant Jay Jaggessur Saheb from Mauritius, who came to Canada to live with his wonderful family. Around the time of their arrival, our small Kabir Panthi community was generally led by the most Senior Mahant in Toronto, Pattiram Saheb, and Mahant Chetram Ramcharran Saheb. As a young member of this community, I have learnt a lot and gained an understanding of Satguru Kabir Saheb's philosophy from these leaders. Our dear Mahant Chetram Saheb, from whom I had first begun to learn music, *bhajan* singing, and the disciplines of the Kabir Panth faith, had to migrate out of Canada in 2008. Although we had lost a great teacher, we also gained one.

Mahant Jay Saheb right away began to educate our small group, introducing many great *bhajans* that are still sung today and delivering great *pravachans* that helped us to understand the key concepts of Satguru Kabir Saheb. Later on, 'Bal Jyoti' was first introduced at Rajesh and Lisa Ramroop's residence which helped deliver many concepts of spirituality and general religious knowledge to younger children. From this elevating experience, young children were encouraged to learn and sing *bhajans*, present *saakhees* of Kabir in *satsangs* and also learn spirituality in an interactive and simple way. Mahant Jay Saheb was the foundation for Bal Jyoti and made a tremendous positive impact towards the children, youths and many of the adults in the Kabir Association of Toronto.

Within the last decade, it has been a common goal and a dream for many to establish a Kabir Centre here in Toronto. Personally, I envisioned the potential our members had in a Kabir Centre and looked forward to extending the philosophy of truth Satguru Kabir Saheb had prescribed to mankind throughout the community. Today, as we have established an official Kabir Centre in the GTA, I witness the manifestation of that potential in many of our members. All of our youth members are significantly involved in *satsang*, singing *bhajans* and contributing to the Centre's activities. Many of the youths have also shown great interest in the *bhajan* practice sessions we host every Friday evening. I believe through singing *bhajans*, many great teachings of Satguru Kabir Saheb can be shared and enjoyed by people which may be a great way to spread the teachings. Mahant Jay Saheb has also been delivering deeper lectures in the concepts of spirituality in our weekly Sunday *satsangs*. This shows the development in spiritual understanding our members have gained.

With the establishment of the Kabir Centre, I believe the members of the Kabir Association of Toronto have the great potential to share the teachings of Satguru Kabir Saheb throughout the world. The impact of this would continue to help each other throughout the world understand what that 'truth' really is that Satguru Kabir Saheb had preached. What does it mean to be Religious? Or what does it mean to be Spiritual? As the foundation of all religions should be spirituality, all religions should embark on truthfulness as well. Many historic wars and acts of terrorism are due to simple misunderstandings and misinterpretations in religious texts. When we deviate from the philosophy of truthfulness, we cannot make any religious practice meaningful. Therefore, let us continue the mission Satguru Kabir Saheb had started, which is to know God. Simply, to know the truth is to know God. So let us all continue that mission of truth, helping each other to grow spiritually and reaching our goal of liberation from this world.

Happy Holidays!

Dev Dass (Secretary)

True Love

**“Prem Prem So Koy Kah, Prem Na Cheenhe Koe;
Jaa Maarag Saaheb Mile, Pem Kahaawe Soee”.**

Whenever our love is based on a need, it cannot be true love. True love is the expression of natural attraction between two people by virtue of their soul connection. When these souls are connected, there are no expectations of needs fulfilment or satisfaction. Because souls are not bound by desires or any material or physical needs. Souls are not bound by age, gender, colour, race or any of the attributes human beings qualify themselves with.

Love is the single most important source of happiness in life. When we experience unconditional love, the feeling of bliss brings us to another realm where none of the rules or rituals of the world exist. It is a feeling of bliss which cannot be matched with any kind of pleasure or happiness anyone can experience in life. The connection between two lovers is far beyond what the world can offer to make someone happy. When you can connect to someone's inner nature and spirit, then you are really experiencing true love. But if this connection is temporary or just for a short period of time, then it cannot be true love. What this actually means is: “Do you love that person's real Self? Or just his/her outer nature?” When people are connected through their real Selves, then and only then true love exists.

Short-term relationships are usually those which are only based on factors such as the person's appearance, their financial security, their fame, their power, or even their position in life. Even the need to be taken care of is not based on true love. In order to distinguish needs from true love, you can think of God as the one who will ensure all your needs will be fulfilled. Then the connection with your loved one will not be based on needs, but true love. You will not be looking for needs satisfaction from the other person. As we grow in spirituality, we are able to disregard needs fulfilment as well. In other words have no expectations for needs to be fulfilled; just know that everything is taken care of by God. True love is eternal when it is between soul mates. It has nothing to do with physical bodies or minds. The love is a 'connect' from within. Beauty is appreciated from within, and that beauty is the reflection of the soul.

When you can feel or see the inner beauty within the other person, it is in fact an expression of the soul – true love is present then.

Mht Jay Jagdessur

Selected Saakhees

**“Meethaa Sabse Boliye, Sukh Upaje Chahun Or;
Basikaran ah Mantra Hai, Tajiye Bachan Kathor.”**

*Speak sweetly and politely, and you will make everyone happy;
this is just like a charm...Give up harsh words.*

**“Sheelawant Sabse Badaa, Sab Ratanon Kee Khaan;
Teen Lok Ki Sampadaa, Rahi Sheel Men Aan.”**

*He who has a good character is the greatest of all. He is the mine of all jewels;
The wealth of the three worlds is contained in good character.*

**“Dheere Dheere Re Manaa, Dheere Sab Kuchh Hoy;
Maalee Seenche Sau Ghadaa, Ritu Aawe Phal Hoye.”**

*Be patient... Everything comes with patience; even if the gardener waters the plant with
hundreds of pails of water, it will bloom only in its season.*

**“Saanyee Itanaa Deejiye, Saamen Kutumb Samaay;
Main Bhee Bhookhaa Naa Rahun, Saadhu Bhookhaa Na Jaay.”**

*Oh God! Please give me only that much so I can feed myself, my family, and also feed any
saintly person who comes to my door.*

**“Aapaa Taje Aur Hari Bhaje, Nakh Sikh Taje Vikaar;
Sab Jeevan Niraber Rahe, Saadhu Mataa Hain Saar.”**

*Give up pride of clan, caste and just devote yourself to God; give up all your faults. Do not
make anyone your enemy: this is the basic principle of saintly people.*

**“Jo Toko Kaantaa Bowe, Taako Bo Tum Phool;
Toko Phool Ko Phool Hai, Vaake Hain Trishool.”**

*When someone puts thorns on your path, you must put flowers on his. In the end, you will reap
flowers, but they will reap thorns.*

**“Jin Dhoondhaa Tin Paaiyaa, Gahire Paanee Paith;
Main Bapuraa Dooban Daraa, Rahi Kinaare Baith.”**

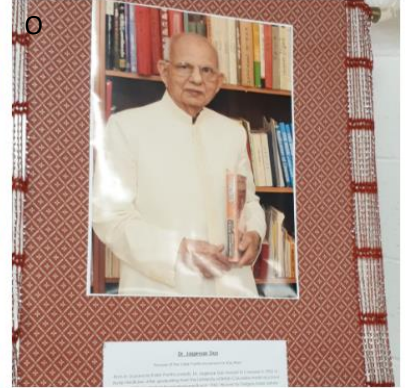
*Those who fearlessly jumped and dived in deep water found the treasure. Those who foolishly
feared to get drowned remained sitting on the shore.*

॥ सत्यनाम ॥



Mht Jay Jagdessur and Diwan Bemal Dass at Maghar samaadhi (A), Lahartara Dham, with Hajur Ardh Naam Saheb (B), Panchganga Ghaat (C), inside Maghar samaadhi (D), and Laharatara Dhaam, with devotees (E). Hajur Saheb in Canada at the residence of Diwan Bemal Das (F), performing *aanandi aaratee* at the residence of Hitesh Prajapati (G), at the Kabir Centre with devotees (H), and at the residence of Sudesh Ramroop with devotees (J). Jhanda established at Kabir Centre (I).

॥ सत्यनाम ॥



KAOT *bhajan mandali* at programme held at Chinmaya Mission, Brampton (K, M). KAOT *bhajan mandali* performing at Arya Samaj Mandir, Mississauga (L, N). Picture of Dr. Jagessar Das prepared for inauguration of Kabir Centre (O). Dr. Das receives an award on behalf of KAOT from Pres. Mht Jay Jaggesur (P). Dr. Das' birthday celebrated at Kabir Centre (Q). Dr. Das gives *pravachan* at inauguration of Kabir Centre (R). KAOT members and friends at annual KAOT 'funday' 2019 (S).

Important Dates 2020

Service (*satsang*) is held weekly, every Sunday from 10:00 AM to 12:00 PM at the Kabir Centre, unit #38-1365 Mid-Way Blvd, Mississauga, ON L5T 2J5 (Canada). *Satsang* dates may be subject to change, for more information, please contact us or consult our website.

Purnima Vrat Dates 2020

Jan 9th – Paush Purnima Vrat

Aug 2nd – Shraavan Purnima Vrat

Feb 8th – Maagh Purnima Vrat

Sept 1st – Bhadra Purnima Vrat

Mar 8th – Phalgun Purnima Vrat

Oct 1st – Adhik Ashwin Purnima Vrat

Apr 7th – Chaitra Purnima Vrat

Oct 30th – Ashwin Purnima Vrat

May 6th – Vaisakh Purnima Vrat

Nov 29th – Kartik Purnima Vrat

Jun 4th – Jyestha Purnima Vrat*

Dec 29th – Agahan Purnima Vrat

Jul 4th – Aashaadh Purnima Vrat **

**Anandi chauka aaratee* will be held at the Kabir Centre starting at 3:30 PM in honour of Kabir Jayanti.

** Guru Purnima

Holidays and Observances 2020

Jan 1st – New Year's Day

May 18th – Victoria Day

Oct 12th – Thanksgiving Day

Feb 17th – Family Day

Jul 1st – Canada Day

Nov 11th – Remembrance Day

Apr 10th – Good Friday

Aug 3rd – Civic Holiday

Dec 25th – Christmas

Apr 13th – Easter Monday

Sept 7th – Labor Day

Dec 26th – Boxing Day

Contact Information

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