
DIVYA DRISHTI



2018 EDITION

Mangalacharan

*“Main Laagaa Us Ek Se, Ek Bhayaa Sab Maahin;
Sab Meraa Main Saban Kaa, Rahaa Doosaraa Naahin.”*

*I am immersed into That in which all of creation is contained; thus, I became one
with all, and all became one with me, there is no duality.*

*Laagi Na Chhoote, Kabhi Na Chhoote Mere Satguru Se, Satguru Se;
Bandhan Na Toote, Kabhi Na Toote Mere Satguru Se, Satguru Se...*

*Prem Ki Vaani Mujhko Sunaave, Mujhko Sunaave,
Mere Man Sheetal Ho Jaae, Sheetal Ho Jaae;
Gyaan Main Paaoun, Bhar Bhar Paaoun, Mere Satguru Se...*

*Dhyaan Lagaaun Chit Ko Sambhaalun, Dhyaan Lagaaun,
Saaheb Ke Gun Gaaun Manaun, Gaaun Manaun;
Darshan Jo Paaun, Saheb Nihaarun Mere Satguru Se...*

*Jyot Jalaave Dil Men Mere, Dil Men Jalaave,
Aapaa Man Kaa Dhoe Mere, Man Mere Dhoe;
Moksh Main Paaoun, Mukti Main Paaoun Mere Satguru Se...*

*Laagi Naa Chute, Kabhi Naa Chute Mere Satguru Se, Satguru Se;
Bandhan Naa Tote, Kabhi Naa Tote Mere Satguru Se, Satguru Se...*

*May I never be disconnected from my Satguru
May my bonding with my Satguru always remain strong*

*My Satguru teaches me divine love, His teachings soothe my mind. My Satguru
imparts valuable spiritual knowledge to me.*

*Controlling my mind, I meditate on Him. I sing the Lord's praises and celebrate Him.
So doing, I have His vision, I can experience Him.*

*My Satguru enlightens me; My Satguru dissolves my ego. By so doing, He leads me to
liberation*

(Composed by Mahant Jaiparamhans Jaggessur Saheb)

DETERMINATION

Many events have happened in 2018, lots of which have served as lessons for us. Others have been milestones which we celebrated or accomplishments which we are proud of. As we move on in life, there is one thing that can always keep us focused on our goals: Determination. As long as we are determined in what we have chosen to do to attain our goals in life, we will surely succeed. Years will come and go, happy and sad moments will continue to fill our days and nights, new people will come in our life and some will leave us.... None of these should deviate us from staying focused on our goals.

As we turn on the TV and watch the news, we are bound to see bad news. Bad news by far outnumber good news on news channels. We have to accept the fact that conflicts, crimes, disputes, oppressions, hatred, wars will not go down. We are in the Iron Age; evil-minded people tend to be more evil by copying on others and doing worse than others. But the good news is that there is a way out. People who embark on a spiritual path know that human beings are in fact spiritual beings living a human existence. If we are that spirit, then we know that all the conflicts happening are only and only at the human level, far from affecting our real Self. Spiritual beings do not promote evil; Spiritual beings embrace everyone with love; Spiritual beings promote peace; Spiritual beings stay focused on their goal of liberation. It has to do with which path we choose to follow. If we embark on a spiritual path, none of the bad news would affect us. Also, knowing that there are saintly people in the world who work for the welfare of one and all, we do not dread the evil actions of people who have fallen to the trap of Maya. Satguru Kabir Sahib says:

*“Aag Lagee Aakaash Men, Jhar Jhar Gire Angaar;
Sant Na Hote Jagat Men, To Jal Martaa Sansaar.”*

Violence and disasters are so prevalent in the world that we need some kind of protection. Had it not been for saintly people, the whole world would have been at the mercy of evil-minded people. Saints and Sages have come to protect us and guide us through the entangled paths of this world. It is our duty as devotees to attend *satsangs*. Being in the company of saintly people, we not only gain in spiritual knowledge, but we also benefit from the positive vibrations of just being in such company. Satguru Kabir Sahib teaches us to surrender ourselves to the Guru. By so doing we are in fact submitting ourselves to God's will, which in other words mean that we should not get preoccupied by what is happening in the world. All we need to do is have faith that whatever will happen to us will happen for our best. At the same time, we have to be determined in what we are to do: *satsang*, *sumiran*, and *sewa*.

In this rapidly changing world, our focus should not diverge from its aim. Having chosen the spiritual path, let us be firm in following every step of this path with determination and passion. Let us be passionate in continuing our journey towards liberation.

Jaiparamhans Jaggessur
President
Kabir Association of Toronto Inc.

MESSAGE FROM THE PRESIDENT

As 2018 comes to its close, it is time for us to reflect on our achievements. We should all be very proud of ourselves for having maintained all activities and events we planned for the year. The world is facing greater challenges with more and more turmoil and imbalances undermining our lives. Yet, with more determination and fervour we have pursued our goals and progressed in our pursuit of spiritual fulfilment.

Caring and sharing are the strong points of our members. It is indeed fascinating to see how everyone joins hands together to make things happen. Our young members are also following suit and embracing the principles of the Kabir Panth faith. We have also had new additions to our group; new people who have quickly adapted to our culture. As we move forward, I appeal to all of you to maintain this strong bond and consolidate it by inspiring others. The world needs us; the world needs spiritual people to address the growing challenges of global warming, of increasing hostility, of rising social degradation.... As a group we are already making a difference; the goal is to reach out to people worldwide to instil change. Living the teachings of Satguru Kabir Saheb day in day out we are able to feel the divine experience. Spreading love to one and all is what brings us closer to God.

I would like to reflect on one event which has marked this year in Toronto. The Parliament of World Religions met in Toronto from November 1st to November 7th. I had the privilege to participate in this conference on November 2nd, 3rd and 4th. It was indeed a great opportunity to meet with people from all over the world representing different religions. The theme of the 2018 conference was “The promise of inclusion, the power of love”. This meeting exhibited that love is the answer to all of the challenges the world is facing. Inclusion and love were noted as what can bring us all together. Renounce our differences and focus on our similarities. This reminds me of the fundamental teaching of Satguru Kabir Saheb: Love. He said that he who understands the true meaning of love is fulfilled. This is why all religions preach love as the basic principle of union with God.

Technology has invaded all households and the new generation is so overwhelmed with all the new inventions that the human touch is eroding slowly. In this holiday season I would like to request all of you to pause and reflect on that one aspect of our existence which connects us together and connects us with God: love. Let us not be slaves to technology; rather let us use technology to support us, not to substitute what we as human beings have to practice.

Let love prevail! Happy Holidays!

Jaiparamhans Jaggessur
President
Kabir Association of Toronto Inc.

MESSAGE FROM THE VICE PRESIDENT

Bandagi Saheb,

This is the Christmas season and the New Year lies ahead. What can we expect in the New Year to happen in the world? Most people will look forward to a world of peace and good-will that have eluded us during the past year. This is not to say that there were peace and good will before, but these have been pushed further aside in recent years by the various conflicts prevalent in the world today.

Christmas is a magical time. It tends to bring back memories of family gatherings and charming traditions that have been passed down through the generations; the wonderful songs, gift exchanges, and family feasts are just some of the enduring traditions that make the season one of the world's favourite holidays. Christmas means something different to every person, but everyone appreciates a simple message; whether it is an email, text or WhatsApp, this makes them feel special. Sending an actual card through the mail for the holidays is a refreshing feeling for the recipient; it increases their happiness.

I would like to take this wonderful opportunity to wish all of the members of the Kabir Association of Toronto Inc. and all Kabir Panthis throughout the GTA, Canada, and around the world, "Happy Holidays". Throughout this year, we have continued to work very hard as a group to uphold the teachings of Satguru Kabir Saheb with the help of our dearly beloved Shri Mahant Jay Jaggessur. Our Association, though a small one, is filled with lots of love and caring. The energy that derives out of it is very admirable.

If there is one thing I would like to say about this world, it is that there are people from all walks of life, and due to this, there are so many castes and religions that

when put together, in some situations, may result in conflict. If only we could put that aside and think for a moment that all of us are human beings from the same source (no one is different from the other) then it would be a better environment for all of us, the earth and the sky would never have such disasters e.g., acid rain, flooding, earthquakes, volcanoes, wars, etc.

In one of the *saakhees* of Satguru Kabir Saheb, he says:

*“Aap Taje Aw Hari Bhaje, Nakh Sikh Taje Vikaar;
Sab Jeewan Se Nirbair Rahe, Saadhu Mataa Hai Saar.”*

Give up the pride of clan and caste and do devotion to god. Give up your faults. Don't be an enemy to anyone. This is the basic principle of the saints.

So how do we get our fellow human beings to understand this? I believe that more and more people need to be involved in religious teachings which go to the root of the divine touch or feelings. Simply sharing our knowledge may work in many cases for many people; those who are not convinced, I should hope that they choose to change their minds at some point. More importantly, those teachings need to be implemented in our daily lives. Satguru Kabir Saheb, in one of his bhajans, *Dar Laagai Ow Haansee Awai* (p. 5), mentions *maayaa* and what we can do to ward off its effects. He goes on further to say that if we choose not to implement the correct teachings, then only we will be full of regrets. We have the chance, with this human body, to perform bhakti brothers and sisters.

Last, but not least, I am very grateful for the invaluable contributions of all the members (and non-members) of our Association. Special thanks go out to our dearly beloved Dr. Jagessar Das and the Kabir Association of Canada (Surrey, B.C., Canada). Without them and their blessings, we could not have come this far. Many thanks to our Bal Jyoti group for their superb contributions, our respected Mahants, Shri Mahants Pattiram Ramroop, Vithal Dass, and Jay Jaggesur Saheb and Diwans, Munindra and Devanand Dass, all our singers and musicians, and to all those who have contributed in one way or another.

May all your *bhakti*, *prem*, caring, and hard work find its way in rewarding you in fulfilling all your hopes and dreams, and for a better life ahead.

Merry Christmas & Happy New year 2019.

Haimraj Das
Vice-President
Kabir Association of Toronto Inc.

BHAJAN

Dar Laagai Ow Haansi Aawai, Ajab Jamaanaa Aayaa Re...

Dhan Dowlat Lai Maal Khajaanaa, Vaishyaa Naach Nachaayaa Re;
Mutthee Bhar Ann Saadhu Koi Maange, Kahai Laaj Naheen Aayaa Re...

Kathaa Hot Tahaan Shrotaa Sowai, Vaktaa Mood Pachaayaa Re;
Hoi Jahaan Kaheen Swaang Tamaashaa, Tanik Na Neend Sataayaa Re...

Bhaang Tambaakhu Sulphaa Gaanjaa, Sookha Khoob Udaayaa Re;
Guru Charnaamrit Le Na Dhaarai, Madhuua Chaakhan Aayaa Re...

Ulti Chan Chalee Duniyaa Kee, Taate Jeey Ghabraayaa Re;
Kahat Kabeer Suno Bhaaee Saadho, Phir Paachhe Pachhtaayaa Re...

There is fear and amusement to note the strange times that have dawned upon us. Because of money, wealth and possessions, the businessman is made to dance to their tunes. If a saadhu begs for a handful of grain, he insults him by questioning if he is not ashamed to beg. Where there is religious discourse, the listener falls asleep, and the speaker is wasting his knowledge on them. But wherever there is mimicry and entertaining show, they will forego sleep all night and they spend their time enjoying pleasures. They do not accept the nectar of the guru's feet, but instead got to drink the intoxicating wine. The world is walking on a contrary path and so life remains confused. Satguru Kabir Saheb says, "O brother Sadhu, listen to me", such people will later be full of regrets.

(Taken from the Kabir Bhajan Amritam by Shri Mht. Dr. Jagessar Das p. 110)

2018 IN REVIEW

What a fabulous year! 2018 has been incredibly fantastic to all of our members, young and old. Apart from our usual scheduled *satsangs*, we had several *satsangs* at devotees' homes. Our 'Pragatya Divas' event in June was also very well celebrated.

In March, as has been the custom for the last five years, we participated in the Annual Holi Sammelan. This year, the Holi Sammelan was held at the Hindu Heritage Mandir in Mississauga and organised for the first time by the Ontario Hindu Cultural Association. Both the President and Vice-President of our Association sit on the Board of the newly formed Ontario Hindu Cultural Association. Eight groups participated in the 2018 Holi Sammelan, each of them presenting their unique style of *chowtaal* singing, reminiscing the olden days of our forefathers.

We were called upon by an earnest follower of Satguru Kabir Saheb to perform an initiation ceremony for him and his partner. Dave and Anita are both residents of Central Pennsylvania, US. Mahant Jay Jaggessur performed the initiation ceremony in the presence of Mahant Vithal Das Saheb, who also made the trip. The newly initiated devotees felt very dignified in the presence of our twelve members who attended the ceremony. They felt proud of being part of our group.

This summer, our Association, under the able leadership of Hiteshbhai, organised a camping trip in Presqu'ile, Brighton. This was the perfect time for our members to draw pure and clean energy from Nature. Two nights spent in the open, surrounded by trees, lakes, streams, wild life were doubtlessly invigorating to all those who were part of this expedition. It was also the time to celebrate Yashvi's birthday. It was a true escapade from the hustle bustle of busy city life. Everyone enjoyed the family time, the relaxation, the hiking, and the quietude of that great adventure.

In August, our Annual Fun Day was held at the Charles Daley Park in Lincoln. This was yet another great time when all our members came together as one big family to enjoy. This park is notably one of the greatest lakeside beach in Southern Ontario. Participants to this event brought a variety of food and snacks which were enjoyed by all. Walking along the lake was very refreshing and relaxing. Our younger members had great fun rolling on the grassy ramp of the park, competing with each other. Children were also very engaged in playing different games. A perfect opportunity to connect with each other in a restful environment.

The Parliament of World Religions met in Toronto this year under the theme "The Promise of Inclusion, the Power of Love". Mahant Jay Jaggessur attended the Parliament from November 2nd to November 4th. It was a wonderful experience to meet with people from different faiths. It was interesting to note how interfaith groups came

together to work towards resolving many issues which the new generation is facing. One of the common topics addressed during the 2018 Parliament was Climate Change, and actions that should be taken to mitigate the adverse effects of global warming. The Indigenous groups were also well represented in the Parliament.

In November as well, we were also visited by Reena Ginwala from Pune, India. She came to Toronto to participate in the Parliament of World Religions. She has studied Satguru Kabir Saheb's teachings and came up with a unique way people can understand and implement these teachings. Kabir Samagri is a toolkit which she prepared and includes valuable messages from Satguru Kabir Saheb. She has used the toolkit in various environments to inspire people to apply Satguru Kabir Saheb's teachings in their professional, personal, and social life. On November 18th, we held a symposium to discuss on some of the philosophical tenets of Satguru Kabir Saheb.

Our end-of-year Children's Fun Day was held on December 22, 2018 at 6 Dalkeith Court, Brampton. Hosted by the Prajapati family, this event was the time for young and old to come together, share memories, and connect with each other. Children read special messages for all parents, who were surprised by finely picked *saakhees* prepared by Mahant Jay Jaggessur. This was also the time for kids to show their talents and play games. The food was exquisite and savory. The event closed with all children receiving gifts which came from their Secret Santa.

2018 was indeed very rich in events. Everyone is already looking forward to a yet another exciting twelve months in 2019.

Jaiparamhans Jaggessur
President
Kabir Association of Toronto Inc.



BHAJAN

*Santo, Sahaj Samaadhi Bhalee Hai;
Guru Prataap Bhayo Jaa Din Se, Surati Na Ant Chalee Hai...*

*Jaahan Jaahan Jaau Soee Parikarmaa, Jo Kuchh Karu So Poojaa;
Grih Udhyaan Ek Sam Lekho, Bhaav Mitaaoo Doojaa...*

*Shabd Nirantar Manwaa Raache, Maalin Vasana Tyaagee;
Jaagat Sovat Uthat Baithat, Aisee Taaree Laagee...*

*Aankh Na Moondo Kaan Na Soodho, Kaayaa Kasht Na Dhaaro;
Ughare Nain Se Saaheb Dekhoo, Sundar Roop Nihaaro...*

*Kahai Kabeer Yah Suksham Rahanee, Jo Prakat Kahee Gaaee;
Dukh Sukh Se Vah Pade Parampad, Soee Sadaa Sukhdaaee...*

Sahaj Samadhi decrypted:

*Oh Saints! Simple union with God is the best.
Since Satguru graced me, I have remained connected with God.*

*Wherever I tread is my religious trace, whatever I do is worship
Chaos and harmony are equal to me, I see no duality*

*I do not shut my eyes nor do I my ears; I do not mortify my body
With open eyes I smile and behold His beautiful form.*

*Whatever I say is His name, I am constantly reminded of Him only
Whatever I do is service to Him.*

Lying down or sitting, I am prostrated to His feet; such is my connect with Him

*Kabir says: "I am delighted in this state of being manifested in His presence and sing
His praises;*

I am immersed in that blissful state which is beyond all pleasure and pain".

STRESSLESS LIVING

Undoubtedly the greatest trigger to illnesses in this day and age is stress. Research has found that most diseases find their roots in one's state of mind and emotions, not triggered by viruses or bacteria. The tension and anxiety so prevalent in our daily life, especially for those of us who live in large cities, are unimaginable. Thus, over time, the build-up of such tensions leads to the development of diseases which our body cannot fight against. When it comes to stress, the medical world can only provide relief by administering chemicals to induce one to sleep so that he or she can be relieved from troubled thoughts or medicines to reduce the pain one experiences. What needs to be addressed in situations of stress is the spirit, not the body.

As mentioned above, the medical field addresses the body, not the spirit. Spiritually inclined people know that one has to address the spirit, not the body. Bringing the spirit in communion with God is what is required. Many religious leaders recommend prayers, worship, devotion, devotional singing and music. As part of our spiritual teachings, meditation is the solution to healing people affected by stress. The body is an energy field, so is the mind. When this energy is in balance with the energy of the universe, then there is no stress. Stress is that situation when a negative wave of energy comes to disturb the natural harmony of the spirit with its source. If the energy at the spiritual level is undisturbed, the outer layer of our physical being will also be undisturbed. We have to remember that the energy which we are made of emanates from God or the primary source from where we all come. As long as we are in harmony with that source, we will not feel any stress or be affected by physical imbalances.

*“Main Laagaa Us Ek Se, Ek Bhayaa Sab Maahin;
Sab Meraa Main Saban Kaa, Rahaa Doosaraa Naahin.”*

Satguru Kabir Saheb teaches us that our connection is with that One, that Universal Self, that Supreme Being. Once we are connected with Him, we see no difference in other living being or anything else; everything is just one big whole. The ‘disconnect’ between the Self and the Supreme Self is what causes imbalances.

Clearly, addressing the spirit (and not the body) is key to healing stress. Activating the spirit happens by practising meditation. When the frequency of the energy levels of our body, mind and emotional level are in sync, then healing happens. Meditation is that state when our body, mind and spirit are in harmony. First, we have to bring everything under control, sit quietly and get rid of all our thoughts. It may be difficult in the beginning to reach a state of total control, but by affirming and re-affirming ourselves, we get there. All affirmations are positive in nature and in fact they confirm what we, in our subconscious mind, already know. Hence, these affirmations are just tools to

reach a state otherwise difficult to attain. In our affirmations, we acknowledge that God is in control, that God is handling the situation. This immediately releases the pressure off our personal ego which is guided by 'conventional' thinking (i.e. that we control the situation).

*“Meraa Mujh Men Kuch Nahin, Jo Kuch Hai So Tor;
Teraa Tujh Ko Saumptaa, Kyaa Laagat Hai Mor.”*

If nothing belongs to us, then why are we so worried about what will happen to us, to our family, to our wealth, to our possessions? Satguru Kabir Saheb refers to the 'shunya' principle (void) when He teaches us to meditate. Detaching ourselves from everything, even our own body, will drill us down to our core existence, our real Self. That Self, which is no different to the Supreme Self, is what we need to realise.

Spiritual healing (whether of stress or any other condition) emphasises on the consciousness. The aim in meditation is the energy field of our consciousness. Those who are not familiar with the concept of oneness will find it difficult to grasp that our consciousness is already God consciousness. All we need to do is to awaken ourselves to realise God.

*“Boond Samaaye Samundra Men, Yeh Jaane Sab Koye;
Samundra Samaaye Boond Men, Jaane Birlaa Koye.”*

Satguru Kabir Saheb teaches us that the Universal Consciousness can merge with our consciousness. That point of union is when nothing else matters.

The answer to stressless living is meditation. By following a spiritual path and persevering in meditation, one is able to attain peace, serenity, calmness, and a relaxed life while in this human body. At the same time, the process of meditation draws us closer to our goal - salvation.

Jaiparamhans Jaggesur
President
Kabir Association of Toronto Inc.



BAL JYOTI CORNER

WHAT WAS IT LIKE THIS YEAR?

This year, my friends and I learnt many different life skills in Bal Jyoti *satsangs*. Whether it was time or *karma*, all of them were equally important to our everyday life. The themes of this year's Bal Jyoti *satsangs* were experience, time/*kaal*, company, *karma*, prosperity, and knowledge. All of the topics are important, but *karma* was the most appealing one to me. Karma has more than one definition. The definition that I learnt from *satsang* was:

“Karma is one's actions that are done while in the human body and travel with the soul.”

In nature, there is a 'law of *karma*'. It depends on one's actions and no one can escape from it.

One of Kabir Saheb's *saakhees* that I really like:

*“Paanch Tattva Le Ya Tan Kinhaa, So Tan Le Kahi Le Deenha;
Karmahi Ke Bas Jeev Kahat Hai, Karmahi Ko Jeev Deenha.”*

In the first part of the *saakhee*, Kabir Saheb is trying to tell us that “I have given you five elements, but what have you done with it?” In the second part, He explains that all the actions that we do are accumulated as our Karma and they go with our soul.

Later in the year, we had a guest from India - Reenaji. She taught us several principles of Kabir Saheb and also related stories to us to explain those principles. She taught meanings of *saakhees* with pictures on cards which was a different and interesting way of teaching. It has been a very good year and I am excited to start the New Year with new *saakhees* and *bhajans*.

Prisha Prajapati
Bal Jyoti Attendee



SELECTED SAAKHEES

The following is a selection of *saakhees* which were discussed in Bal Jyoti *satsangs* this year:

*“Vaad Vivaadan Mat Karo, Karo Nit Ek Vichaar;
Naam Sumir Chit Laaye Ke, Sab Karani Men Saar.”*

Do not argue with anyone, just remember the truth; remembering God with full focus is the best of actions you can do.

*“Sanshaye Kaal Shareer Men, Jaari Kare Sab Dhoor;
Kaal Se Baanche Das Jan, Jin Pe Dhyaal Hazoor.”*

Because of ignorance, one becomes restless, just like being burnt to ashes. Those devotees who are blessed by their Satguru are protected from Kaal.

*“Kabeer Sangat Saadhu Ki, Jo Kari Jaane Koye;
Sakal Birachh Chandan Bhaye, Baans Na Chandan Hoye.”*

Only those who are in the company of saintly people know their virtues; just like trees which grow around sandalwood trees take after them, except bamboo trees which remain hollow.

*“Shram Hi Te Sab Hot Hai, Jo Man Raakhe Dheer;
Shram Te Khodat Koop Jyun, Thal Men Pragade Neer.”*

Everything happens with hard-work; but with hard-work, you also need patience. Just like you can get water from the earth if you continue and persevere in digging

*“Kabeer Sab Jag Nirdhanaa, Dhanvantaa Nahin Koye;
Dhanvantaa So Jaaniye, Satyanaam Dhan Hoye.”*

No one is rich in this world; only he is rich who has the treasure of Satyanaam

*“Bhesh Baraabar Ho Rahe, Bhed Baraabar Naahin;
Tol Baraabar Goongachi, Mol Baraabar Naahin.”*

If someone dresses as a monk, it does not mean that he is one. Just like a calibrated unit of weight may be equal in weight to gold, but does not have the same value

Pictures from 2018



Pictures summarizing this years events: (from top to bottom, left to right) First row, Association Chowtal Group at Holi Sammelan, held at Hindu Heritage Temple, Pennsylvania chowka group, second row, Mht Jay Jaggesur gives discourse during Pragatya Divas chowka, discourse by Mht Jay Jaggesur at Vishnu Satsang Mandir, Pdt Ramnandan Gopi Singh receives certificate from Association for his contributions to the community, third row, Mht Jay Jaggesur receives award from Association for his contributions to the Association and community, Mht Jay Jaggesur wil Bal Jyoti group, satsang group with Reena Ginwala, fourth row, Association camping trip, summer Funday outing, fifth row, satsang at devotee's home, winter Funday group.

Kabir Association of Toronto Inc. Calendar 2019

January						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February						
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17	18	19	20	21	22	23
24	25	26	27	28		

March						
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April						
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28	29	30				

May						
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26	27	28	29	30	31	

June						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Purnima Vrat and Satsang Dates

	Purnima Vrat		Satyavani	Bal Jyoti
			Satsang*	Satsang*
January	Paush	20	19	26
February	Maagh	18	16	23
March	Phaalguna	20	16	30
April	Chaitra	18	13	27
May	Vaisaakh	17	11	25
June	Jyestha	16**	---	22
July	Ashaarh	15	13	27
August	Shraavan	14	10	24
September	Bhadra	13	7	21
October	Ashwin	12	12	26
November	Kaartik	11	9	23
December	Agahan	11	7	14

Holidays and Observances

Jan 1	New Year's Day	Aug 5	Civic Holiday
Feb 18	Family Day	Sept 2	Labour Day
Apr 19	Good Friday	Oct 14	Thanksgiving Day
Apr 22	Easter Monday	Nov 11	Remembrance Day
May 20	Victoria Day	Dec 25	Christmas Day
Jul 1	Canada Day	Dec 26	Boxing Day

July						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Satyavani Satsang - Monthly Satsang

Bal Jyoti Satsang - Kid's Satsang

*Satyavani Satsangs and Bal Jyoti Satsangs will be held at 4:00 pm at 3386, Homark Dr, Mississauga, ON L4Y 2K7

** Chauka Aarati will be held at 4:00 pm at 3386, Homark Dr, Mississauga, ON L4Y 2K7 on the day of the Jyestha Purnima Vrat (June 16th, 2019) to commemorate the 'Pragatya Divas' (day of appearance) of Kabir Saheb, also known as 'Kabir Jayanti'.

Dates may be subject to change; for more information, please visit www.kabirassociationoftoronto.org, or contact us through any of the following:

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