

- Satyanaam -



Divya Drishti

2015

MANGALAACHARAN

SAADHNAA

Saadhnaa mein rahe sadaa agan manaa
Denaa Saaheb hamein mangal vardaanaa
Shraddhaa se saadhein ham apnaa nishaanaa
Denaa Saaheb hamein mangal vardaanaa
Mehnat ki mitti mein kalpanaa beej ko hai bonaa
Icchaabal ke jal se isko hai seenchnaa
Tanmaytaa ke khaad se isko hai ugaanaa
Nishthaa kid hoop mein isko hai khilaanaa
Kalpanaa beej ko yatharth vreeksh mein hai badalnaa
Apni kshamtaa ko purna roop se hai ubhaarnaa
Apni pratibhaa ko hai chamkaanaa nikhaarnaa
Ban jaaye har kaarya hamaaraa ek upaasnaa
Iss prakar saadhnaa ko hamein hai saadhnaa
Apne prayaason se Jeevan ko hai sudhaarna sanvaarna
Denaa Saaheb hamein lagan khazaanaa
Maha Saadhnaa men magan rehkar Saaheb rachte adbhut rachnaa
Saaheb ke rang mein hi rangkar hamein hai Saaheb ko paanaa
Saanche saadhnaa mein rahe sadaa magan manaa
Denaa Saaheb hamein mangal vardaanaa
Shraddhaa se saadhein ham apnaa nishaanaa
Denaa saaheb hamein lagan khazaanaa

RESOLVE

At the start of every new cycle, Man tends to solemnly make affirmations, make promises to himself that he aims at improving on something about himself. Be it a school year, a birthday, a new job, a new relationship, the intention is to see oneself progress to a goal. But in most cases, these promises remain unfulfilled and are decked with cobwebs. Yet the promises were not to someone else but to himself. If someone cannot fulfill a promise he made to himself, how is he going to keep promises made to others? What is it then that prevents someone from accomplishing his project? The truth is that if we make a promise with our false Self, it is actually not a real promise – we are fooling ourselves.

When we are determined to achieve a goal, we are in harmony with our true Self. Our false identity, which is the ego, is always in the way to block us from progressing to our goal. The true Self says: "I need to wake up early and study for my exams." When the alarm clock rings at 4:30 am, the false Self springs forward forcefully and says: "Sleep in! Enjoy the moment, you will always have time to study later." The true Self says: "Let's go to satsang and pursue our spiritual goals." When the time comes to go, the false Self steps up and says: "Where are you going? The weather is so nice for a picnic." Who do we want to be with? The true Self or the false Self? The choice is ours. Often times, we procrastinate because we think there is still lots of time to do what we have to do. How do we know when our time is up?

"Taaley Tooley Din Gayo, Byaaj Barhantaa Jaaye;

Naa Hari Bhajaa Naa Khat Khataa, Kaal Pahouchaa Aaye."

Satguru Kabir Sahib says people ignore the real purpose why they have come to this world. They know it, but they keep on putting off for the future what should be done now. Neither did we do good actions, nor did we engage in the spiritual path. Time does not wait for anyone. People believe that childhood is meant for play; teenage meant for fun; adolescence meant for studies; adulthood

meant for work; and old age will be the time when we can dedicate ourselves to spirituality. As much as the whole world is an illusion, Time is also fiction. We give start and end dates, we create cycles. Time does not come in cycles. If we are able to understand the concept of non-dualism, then we will surely comprehend our purpose in life better. We will not measure ourselves with time slots or with goals.

Those who are not conscious of their real purpose in life remain trapped by the limitations of the physical senses. The false Self remains in the forefront and dictates their actions in such a way that they cannot see beyond the physical world. Letting go to the presence of the Higher Self within us allow us to look down on the physical existence and perceive the light rather than the shadows of reality.

Hazur Saheb aiylan Trinidad deswaa

***Hazur Saheb aiylan Trinidad deswaa
Dekha dekha sagro kusiyaali machalbaa***

Unke kirpaa se sab bhaag khulalbaa, **Dekha dekha...**
Saheb hamraa bhakti ke swaroop baa
Karla pooja mawkaa naa gavaynhaa
Aissan dinwaa ta phirse na aawelaa, **Dekha dekha...**
Sahebwaa ke boli taa khube khus baa
Sun sun ke sab koye na khube khus baa
Lela asirbaad awroo prem ka parsaad, **Dekha dekha...**
Mil jul ke rahyaa awroo prem baraiyhaa
Kabir panth ke aage aage hi chalaiyhaa
Ihi sandeswaa Saheb dewelaa, **Dekha dekha...**
Hazur Ardh Naam ki jay jay ho!

*This Bhajan was composed by Mahant Jay Jaggesur in honour of Panth Shree
Hazur Ardh Naam Saheb's visit to Trinidad in 2015*

MESSAGE FROM THE PRESIDENT

We have accomplished a lot in 2015. I would like to express my thanks and gratitude to all members who have wholeheartedly supported the Association in its activities throughout the year. I would like to highlight the great moments of 2015.

This year was marked by the third visit of Panth Shree Hazur Ardh Naam Saheb to Toronto. Devotees were very happy to welcome Him and be graced by His blessings. Anandi Chowka Aartis, satsangs, house visits were among the major activities organised for this visit. Hazur Ardh Naam Saheb also ordained Haimraj Das as Diwan during this visit. Just before his arrival to Toronto, He spent five weeks in Trinidad & Tobago. On this occasion, I also travelled to Trinidad accompanied by my family and Mahant Shree Vithal Das Saheb. We spent five days with Him as He toured the island to perform Anandi Chowka Aartis and satsangs. Devotees in Trinidad were very elated with our visit as this visit bridged the gap between Toronto and Port of Spain with a new relationship. I also composed a bhajan in honour of Panth Shri Hazur Ardh Naam Saheb's visit to Trinidad which I dedicated to the first Indian immigrants who brought along with them the treasure of Satguru Kabir Saheb's teachings.

In February, the Association participated in the Holi Sammelan for the third consecutive year. This event is organised by the Indo Caribbean Golden Age Association every year just before Holi celebrations. This year the trophy for the best performers was awarded to the Kabir Association of Toronto. This was a well-deserved reward for the hard work and special efforts made by the members of the bhajan mandali.

In September, we organised our Annual Summer Family Fun Day. This year the event was held at the Marie Curtis Park in Etobicoke. The level of engagement was once more astonishingly very high, with a large participation from all over the GTA.



Symbolical effigy of "Holika"
for the 2015 Chowtal Samelan



2015 Chowtal Group



Reception of Trophy by President Jaiparam Jaggessur



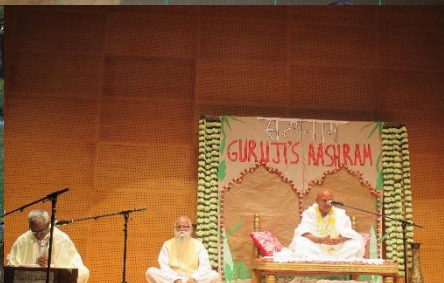
Reception of Trophy by 2015 Chowtal Group



Assembly of Mahants in Trinidad



Chowka in Trinidad attended by Association members



Hazur Ardh Naam Saheb giving sermon in Trinidad



(L-R) Mht J. Jaggessur and V. Das in Trinidad



Guests from Trinidad: Mhnt Deochan and Praim Das



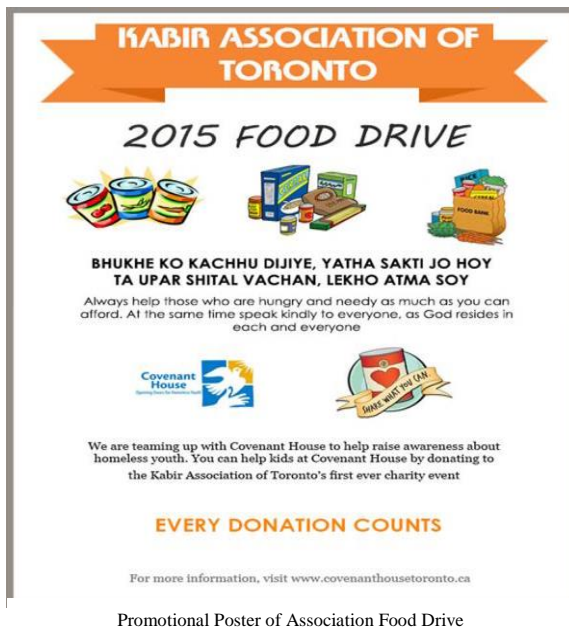
Annual Summer Family Fun Day 2016



Satsang hosted by Local Trinidadian Devotee



Association Members with Hazur Saheb in Trinidad



Promotional Poster of Association Food Drive

Hazur Saheb officiating chowka by devotees in Canada during his visit

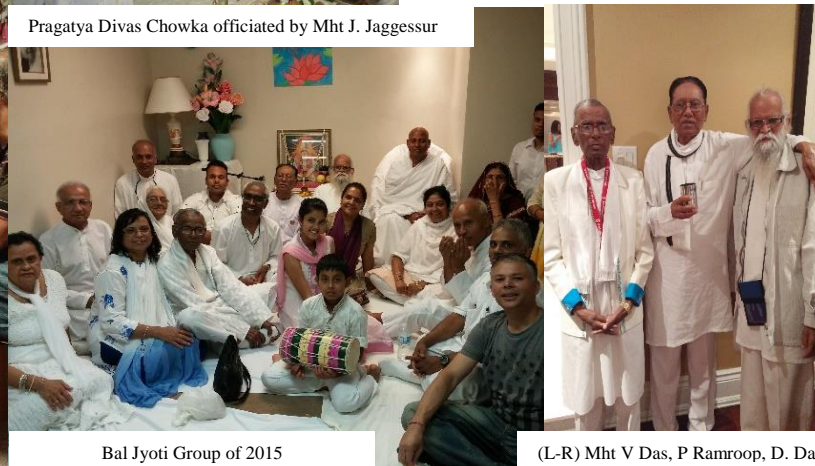


V. P., H. Das Being ordained Diwan

Pragatya Divas Chowka officiated by Mht J. Jaggessur



Bal Jyoti in Session



Bal Jyoti Group of 2015

(L-R) Mht V Das, P Ramroop, D. Das



Chowka Aarti in Montreal



Association Members enjoying the Annual Winter Family Fun Day



Another great initiative launched this year was the Food Drive in support of the homeless youth at the Covenant House in Toronto. This initiative was put forward by Reckha, who spearheaded the project and established contact with the Covenant House in June. The Food Drive is an ongoing project which runs throughout the year with the collection of food items from members, and donations made to the shelter quarterly. As of now, two donations have been made (totalling 465 pounds) in September and December respectively.

In December we were solicited to perform an Anandi Chowka Arti in Montreal. I was joined by several members who enthusiastically offered to accompany me to Montreal. The hosting family was very happy with the level of involvement of our members, and expressed their gratitude to the Association in accepting to travel to their home to perform the ceremony.

As is our tradition, we held our Bal Jyoti Fun Day in December to honour our junior members. This year the event was held on December 26th with full participation from all members of the Bal Jyoti group. Lots of games and fun activities were on the agenda. Dev also prepared a slide show to review 2015 events. This brought back so many memorable moments to all attendees.

You must all be very proud of all the accomplishments and deserve to be congratulated as you continue to support the Association and its mission. We are looking forward to continue forging our way in pursuing Satguru Kabir Saheb's teachings and implementing them accordingly. We know that we can rely on your continued support to succeed in fulfilling our mission.

I wish you a happy end-of-year festive season and also a great start to the New Year. May you all be blessed by Satguru Kabir Saheb and may you succeed in all your undertakings, enjoy good health, peace and harmony at all times.

Blessings,

Mahant Jay Jaggesur

AHIMSA or the Power of Love

The world has been marked by lots of atrocities in 2015. But at the same time, we also know that violence, especially human violence was always there in previous years, in previous eras. Because we remember the most recent incidents, we have the tendency to focus on them as being the harshest, the most violent one. The Paris attack stand out as one of the deadliest incidents, although daily attacks in the Middle East have ramped up to unimaginable proportions. And every time peace is disturbed, think tanks are born to find the solution to restore harmony. The only solution to end violence is the practice of non-violence.

All religions of the world teach non-violence. Yet many people use religion as a cover to perpetrate violence and justify their acts. Satguru Kabir Saheb has clearly taught us that violence is the greatest sin.

“Hinsaa Hi Baraa Paap Hai, Tihi Samaan Nahin Hoya

Lekhaa Mange Dharamrai Jab, Tab Sab Nowbat Hoya.”

There is no other sin greater than violence. When faced with the God of death, how can one escape the judgment resulting from his actions? The Law of Karma or the Law of cause and effect is triggered by our own actions. We have to bear the consequences of all of our actions, good or bad. Good actions are rewarded by liberation, whilst violence results into bondage. Actions motivated by love can only be non-violent. In other words, love is the basis of non-violence. Satguru Kabir Saheb taught love as the key to liberation.

We need strength to be able to overcome the negative qualities triggered by hatred. This strength is obtained by practicing non-violence. Ahimsa, or non-violence, is the act of not killing, not harming, not hurting any living being. By extension, all these non-

negative actions translate into one positive action, love. It encompasses thoughts, words, and deeds, i.e. thinking, speaking and doing everything with love. This can be achieved by developing a mental attitude of always applying love in all we think, speak and do. People who restrict the concept of non-violence to “not killing”, “not hurting” are greatly mistaken.

The world could be such a wonderful place to live in peace, joy and harmony if everyone would practice non-violence. He who is able to practice non-violence all the time is the strongest. Contrary to believing that the strongest is he who wins the war on the battlefield by killing the highest number of enemies, the real strength lies in he who is able to spread love and win the hearts of all. While we need to control the mind to refrain from getting involved in violence, Ahimsa has to do with the heart. As mentioned above, the basis of the practice of nonviolence is love. And love comes from the heart, not the mind. By striking the right balance between the intellect and the heart, we are able to succeed in practicing non-violence.

As we wish each other joy and happiness, peace and love, good health and success, let us all resolve to implement the practice of non-violence in our life. Negative thoughts will come; but, let's build the strength to repel them. Bad news will come our way; but, let us cultivate the power to accept them calmly. Hatred will be spread; but, let us radiate love to nullify its poisonous effects. Let us all inspire the world with non-violence.

Satguru Kabir Saheb's Saakhis

Devotion

“Kaami Krodhi Laalchi, Inte Bhakti Na Hoye;
Bhakti Karey Koyi Soorma, Jaati Baran Kul Khoeye.”

Those who are full of desires, anger and greed can never generate devotion within themselves. Only the brave person can go beyond the limitations of race, caste, creed and lineage to free themselves from the bondage of the lifecycle. Satguru Kabir Saheb preaches detachment from the physical world and from the physical senses as the secret to attaining salvation.

Love

“Prem Prem Sab Koyi Kahey, Prem Na Chinhey Koye;
Jaa Maarag Saheb Miley, Prem Kahaavey Soye.”

Everyone talks about love, but not everyone really knows what true love is. By embarking on the path which leads to God, one is able to understand what true love is. Satguru Kabir Saheb has taught us that God is within us. God is within each one of us at the same time and in the same way. He, who finds the path to go within his inner self realises true love. That inner journey is the experience of love. That same inner journey leads one to the heart of every other living being.

Humility

“Buraa Jo Dekhan Main Chalaa, Buraa Na Miliyaa Koye;
Jo Dil Jhaanka Aapna, Mujhse Buraa Na Koye.”

I have been wasting my time finding faults with everyone. When I started a self-introspection, I found out that I was the one who had all the bad qualities. Satguru Kabir Saheb teaches us to be humble and check ourselves instead of always criticizing others. We cannot change the world, but we can change ourselves. By changing ourselves, we are able to see things, people and circumstances with

a different perspective. Our ego comes forward to dictate us to impose ourselves as superior, and see everyone else as bad and inferior. Being humble is the solution to live in harmony with everyone.

Illusion

“Maayaa Doye Prakaar Ki, Jo Koyi Jaane Khaaye;

Ek Milaave Raam Ko, Ek Narak Le Jaaye.”

There are two kinds of illusions (maayaa). He, who makes proper use of it, is liberated. Otherwise, he is trapped in bondage. Satguru Kabir Saheb says that as we live in a world which is itself illusion, we can only use what is available to us. By making improper use of what we have, we will be doomed. As an example, if we use money to indulge in drugs and gambling, we are not really making proper use of it. If the same money is spent on right food, is used to help the needy and the poor, is used to donate to Saints, then it is being put to proper use. In a deeper sense, wealth can be devil or divine. It is how we use it meaningfully that brings its benefits to us.

Guru

“Kotik Chanda Ugahi, Sooraj Koti Hazaar;

Timir To Naashey Nahin, Guru Bin Ghor Andhaar.”

There may be millions of moons and thousands of suns shining; darkness can only be dispelled by the light of the Guru. Satguru Kabir Saheb says that your ignorance can only be removed by the true knowledge imparted by a Guru. Without a Guru in your life, you will remain in total darkness, which even millions of teachers will not be able to remove. The Guru holds the highest place in anyone's life. The connection between the Guru and the disciple is not physical (face-to-face), but is enabled by telepathic rays which are fuelled by cosmic energy. Having a Guru in one's life is a must.

Parmaarath Paako Ratan

Once upon a time, there lived, in a small village, a boy named Sukhiram. His parents and grandparents all lived together and they were all very happy. Everyone in the village was cheerful and was always ready to help each other. They all lived in huts or small houses which did not have any luxuries. Most of them were farmers.

Sukhiram used to bring his herd of cows and goats to graze every afternoon. He enjoyed the company of birds, butterflies, loved to play in the river, with flowers. He also used to lie down in sound sleep as his cattle grazed in the fields. One day, he saw a bright light from behind a flower bush. He curiously went to see what it was. He found a crystal ball shining and glittering with different colors. Amazed, he took it in his hands, and turned it around to see the variations of the colors. As soon as he turned it, he heard a voice saying: "Make a wish and I will fulfill it." Sukhiram was very surprised upon hearing the voice. AT that time, many thoughts were going through his mind and he could not think of only one wish, which could fulfill him.

He decided to bring the crystal ball with him and make his wish later. For many days, he kept thinking of what he could ask, but could not come up with anything. He thought he already had everything. So, he kept on carrying the crystal ball with him daily as he went to the fields. The fact that he knew he could ask for his wish at any time made him happier than before. Everyone in the village was puzzled as to how Sukhiram could be happier than before. One of his friends wanted to find out what changed Sukhiram's outlook. He decided to follow Sukhiram and spied on him. He saw Sukhiram opening a bag as he reached the fields; he found the bright light and then saw how Sukhiram put it back in the bag and fell asleep. The friend seized the opportunity to steal the ball. He also discovered how the voice asked him to make a wish as he turned the ball. He brought the ball to the village and told the villagers about it. Everyone in the village wanted to make their wish. Some asked for beautiful palaces, others asked for gold, still others asked for jewelry. No one asked for

gardens or green spaces. Hence, the whole village became full of concrete buildings and no green space. The villagers became unhappy. Those who asked for a palace had a nice building but no nice food or intimacy among family members. Those who asked for jewels, became jealous of those who had palaces. Like this, everyone became envious of his/her neighbor and remained unfulfilled. The whole village was in chaos. No kind words, no greetings, no expression of love. Sukhram and his family were the only ones who were still the same as before. They did not make any wish. Seeing how all the villagers were in distress, and at their request, Sukhram offered to exercise his opportunity to make his wish. He turned the ball and said: "Turn the village into how it was before any wish were made." Right away, everything was re-instated and became exactly as it was before. All the villagers rejoiced and lived happily thereafter.

The moral

We all have, within us, a crystal ball which, at our command, will realise all of our wishes. The issue is two-fold:

- (i) We need to realize its existence, and
- (ii) We need to make the right wish which will lead us to eternal happiness.

By making the wrong wish, we remain entangled in pain and suffering, and miss the opportunity of attaining liberation.

"Parmaarath Paako Rattan, Kabahoun Na Dijye Peeth;

Swaarath Semal Phool Hain, Kali Apoothi Peeth."

We possess the real gem which spreads happiness. Never ignore it (don't turn your back to it). If we act selfishly and are engrossed in only satisfying our own interests, we will not be valuing the gem with which we have been blessed. Just like the cotton flower, which is odourless and also blossoms backwards. Let the light shine to bring joy to us and to everyone else!

- Satyanaam -

Calendar 2016

January							February							March							April						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2	31	1	2	3	4	5	6	28	29	1	2	3	4	5	27	28	29	30	31	1	2
3	4	5	6	7	8	9	7	8	9	10	11	12	13	6	7	8	9	10	11	12	3	4	5	6	7	8	9
10	11	12	13	14	15	16	14	15	16	17	18	19	20	13	14	15	16	17	18	19	10	11	12	13	14	15	16
17	18	19	20	21	22	23	21	22	23	24	25	26	27	20	21	22	23	24	25	26	17	18	19	20	21	22	23
24	25	26	27	28	29	30	28	29	1	2	3	4	5	27	28	29	30	31	1	2	24	25	26	27	28	29	30
31	1	2	3	4	5	6	6	7	8	9	10	11	12	3	4	5	6	7	8	9	1	2	3	4	5	6	7

May							June							July							August						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7	29	30	31	1	2	3	4	26	27	28	29	30	1	2	31	1	2	3	4	5	6
8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
29	30	31	1	2	3	4	26	27	28	29	30	1	2	24	25	26	27	28	29	30	28	29	30	31	1	2	3
5	6	7	8	9	10	11	3	4	5	6	7	8	9	31	1	2	3	4	5	6	4	5	6	7	8	9	10

September							October							November							December						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3	25	26	27	28	29	30	1	30	31	1	2	3	4	5	27	28	29	30	1	2	3
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10
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2	3	4	5	6	7	8	30	31	1	2	3	4	5	4	5	6	7	8	9	10	1	2	3	4	5	6	7

- Satsang Dates of 2016 -

Jan	Feb	Mar
23, Purnima/ Satyavaani	6, Bal Jyoti 20, Satyavaani	5, Bal Jyoti 19, Satyavaani
Apr	21, Purnima	22, Purnima
2, Bal Jyoti 16, Satyavaani 21, Purnima	May	Jun
	14, Satyavaani 16, Bal Jyoti 20, Purnima	4, Bal Jyoti 19, Purnima/ Pragatya Divas*
Jul	Aug	Sept
16, Satyavaani 19, Purnima 30, Bal Jyoti	13, Satyavaani 17, Purnima 27, Bal Jyoti	10, Satyavaani 15, Purnima 24, Bal Jyoti
Oct	Nov	Dec
15, Purnima/ Satyavaani 29, Bal Jyoti	12, Satyavaani 13, Purnima 27, Bal Jyoti	10, Satyavaani 13, Purnima 17, Bal Jyoti

Purnima – Full Moon
Satyavaani – Monthly Satsang
Bal Jyoti – Children's Satsang
*“Chowkaa Aarti” will be held at 4:00pm at
3386 Homark Dr. L4Y 2K7