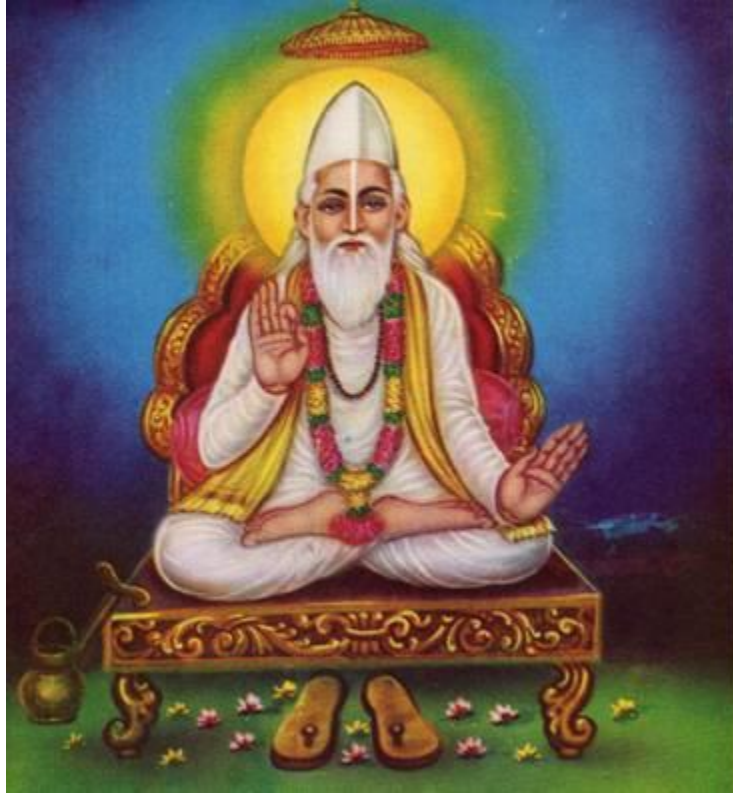




॥ SATYANAAM ॥

Divya Drishti



2014 Edition

by Mahant Jay Jaggessur

MANGALAACHARAN

वर्तमान-The Present

आओ री सखी, मंगल गाओ गाओ री सखी
मन के तारों को आज के सुर से मिलाओ री सखी

Aao ri sakhi, Mangal gaao gaao ri sakhi
Man ke taaron ko aaj ke sur se milaao ri sakhi

बीता कल है धुंधला सपना
आनेवाला कल है बस कल्पना
इस पल को व्यर्थ में नहीं खोना
आज को पाना, यही है सच्चा जीना

Beetaa kal hai dhundhlaa sapnaa
Aanewaala kal hai bas kalpanaa
Iss pal ko vyarth mein nahin khonaa
Aaj ko paanaa, yahi hai sacchaa jeenaa

हमारा आज है बड़ा मूल्यवान
इसी में हर संभावना विद्यमान
छोड़के भूत भविष्य की चिन्ता
आओ संवारे अपना वर्तमान
आओ री सखी...

Hamaaraa aaj hai badaa mulyavaan
Issi mein har sambhaavnaa vidyamaan
Chodke bhoot bhavishya ki chintaa
Aao sanwaarein apnaa vartamaan
Aao ri sakhi...

सब के लिए करें मंगल कामना
सब के लिए रखें भावना एक समान
करके हर भेद भाव का समाधान
आओ बनाए अपने आज को कीर्तिमान
आओ री सखी...

Sab ke liye karein mangal kaamnaa
Sab ke liye rakhein bhaavna ek samaan
Karke har bhed bhaav ka samaadhaan
Aao banaaein apne aaj ko keertimaan
Aao ri sakhi...

आज की बेला करती हमसे बखान
धर ध्यान सुमिरन कर भगवान
करके सत्यनाम का मंगल गान
आओ कमाए रतन आत्मज्ञान
आओ री सखी...

Aaj ki belaa karti ham se bakhaan
Dhar dhyaan sumiran kar bhagvaan
Karke Satyanaam ka mangal gaan
Aao kamaaein ratan aatmagyaan
Aao ri sakhi...

Come on friends, let us sing the auspicious song
Let us tune the strings of our hearts to the note of the present
The past is a distant dream; The future is just an imagination
Let us not waste the present moment; True living is all about living in the present
Our present is very precious; It contains all the possibilities
Let us stop worrying about the past and future, And improve our present
Let us wish well for each and every one; Let us not discriminate
Let us resolve all differences, And make our present glorious
The present moment is telling us to remember and meditate on God
Let us sing the auspicious Eternal Name, And earn the gem of self-realization

II SATYANAAM II

Editorial By Mahant Jay Jagdessur

Years come and go. The present minute will be past before we will realize that we lived it. What is to come will soon be present and in a flash will become the past. By over examining the past and dreading the future, Man loses the essence of the purpose of his human existence. Both the past and the future are stressors which consume us and slowly deplete our energy, preventing us from facing the challenges of the present.

We will soon be embarking in a New Year and many of us will reflect on what we did during the last 12 months, and what we will do in the next 12 months. Although it is a good thing to self-audit ourselves to assess our progress and also plan to do still better ahead, our main focus should be to live the present moment to the fullest. Who knows for how long our plan will hold? Who knows if we will live to see the fulfillment of all that we are planning? Would it not be better to do or start what we plan to do today? Now? The fear of failure often makes us procrastinate and push to later things which we know we have to do. But this process of procrastinating or delaying, fearing or hiding, turning away or pushing back gives rise to stress. Satguru Kabir Saheb has said:

“ Phikar sab ko khaa gayi, phikar hi sab ki Peer

Phikar ko phaakaa kare, taakaa naam Fakir “

By being carefree and focused on doing what we have to do, we make better use of the number of breaths we have been loaded with. Worrying about what has already happened will not undo the past. We may instead learn from those past events/failures to better shape our future. But it has to be done now; we need not dwell on them. The future can only be bright if we do the right thing now.

It is well known that most diseases are caused by stress, and their healing process is also hindered by stress. If we want to live happily, should we not stay away from stress? We pray, we worship, we glorify God, but at the same time we have doubts. Doubts about not being successful. We are the ones who determine what is success and failure. Therefore, what we interpret as failure may in fact only be a trigger. A wake-up call. A lesson. And if we wake up, if we learn from the lesson, we will be successful. As long as we take the next step with confidence, having learnt from our past, we just need to leave the rest to God. As we are bound by our past actions (karma), we cannot set expectations. All we need to do is accept the results, whatever they may be. Acceptance is the key. All our scriptures teach us to be patient, accept the results, and move on. Our refusal to abide by this concept comes from the fact that we believe the world we are living in is everything, whereas this world is only our temporary home. We have to look forward to our permanent abode.

Everything that we learn on our spiritual journey will help us in forging our way towards enlightenment. At this time of the year, I would like to wish all of you good health and continued success in your spiritual growth. May you also radiate your spiritual consciousness to brighten the lives of everyone you come into contact with.

Happy New Year & Blessings,

Mahant Jay Jagdessur

II SATYANAAM II

MESSAGE FROM THE VICE-PRESIDENT

Jin dhūnda tin pāiyā, gahire pānī paith

Mai baurī dūban darī, rahī kinare bāith

Those who searched by diving into the deep water, found the treasure. I foolishly feared drowning and remained seated on the shore.

Season's Greetings to One & All

I would like to take this opportunity to wish all the members of the Kabir Association, other Kabir Panthis, and others, wherever you may be, Happy Holidays, as another year is soon passing by.

So as you gather around your table with your family and friends, or wherever you find yourselves during this holiday season, please take a moment to reflect on all your hard work and good quality of life you have earned throughout the year and pat yourselves on your shoulder, but always remember, the work is not over until you are honestly happy with yourself and loved ones.

Never close your mind to other possibilities. If you aren't willing to bend, to adapt to what's around you, chances are you'll break and everyone else will pass you by. If you have a dream, go after it. Make a plan on how you will achieve your dream, and then follow it.

Always remember, if it is to be, it is up to me! You have to make it happen. If you're dreaming, it means you're not out there doing. Don't be afraid to step out of your comfort zone. It is by failing over and over again that we learn and grow and one day reached our dreams.

So, for 2015, rather than make a new year's resolution, make an action plan on how you can reach your goal. The time to do it is now, not later. Your life will really start once you begin your action plan. Struggle now, so that you can take it easy for the rest of your life.

Being a member of the board of the Kabir Association, from the inception, it is indeed an honor to serve, and so it gives me great pleasure working side by side with the board and its members in continuing to build our organization in its widest form, and spiritually is our main focus and quality of family life . Although we are a small group, we must not lose sight of our objectives.

I would like to pay a special tribute to our rising stars, the youths, particularly Krish, Diya, Medha, Prashant, Ravi, Dev and Raj. It is really great to have you all with us and the dedication you have demonstrated; this organization is very proud of you all and without a doubt in mind, you know that you all are the future of this organization. Also, not forgetting to mention Prisha and Yashvi, the youngest of them all, we cannot wait for them come on board faster.

To be happy is to be healthy, to be healthy is to be at peace, to be at peace is to be truthful, to be truthful is to be spiritual.

Kal kare so aaj kar, aaj kare so ab;
Palme parlay hoyegii, bahuri karega kab

What you have to do tomorrow, do it today; what you have to do today, do it now. Death can strike at the next moment; then what can you do?

Last but not least, this association welcomes any newcomers as it is based on the universal teachings of Satguru Kabir Saheb, our Guru.

Happy Holidays to all of you.

Haimraj Das
Vice President
Kabir Association of Toronto

2014 in Retrospective

This year has been marked with several activities and changes. The association had a new Board, and Board members have expressed continued commitment to uphold its mission and pursue further its goals.

NEW YEAR SATSANG

For the first time a New Year satsang was held on January 1st, 2014 by Mahant Jay Jaggessur at his residence in Mississauga. Morning prayers were performed and it was also time for devotees to share Prasad and convey best wishes for a prosperous New Year. Mahant Jay Jaggessur announced that an opening satsang will be held every year in the morning, at 8.30 am on January 1st.

HOLI CHOWTAAL

This was the Association's second year participating in the Holi Chowtaal organized by the Indo-Carribean Golden Age Association. The Chowtaal, which was composed by Mahant Jay Jaggessur, was very much acclaimed by the audience. Also, the Association's presentation included a phagwa horse which was ridden by Prashant. The horse's performance was very much applauded by attendees, who cheered ceaselessly in appreciation of its moves on the stage. A brochure prepared with the lyrics of the Holi Chowtaal was also distributed to the audience.

NEW BOARD

March 22nd marked the election of a new Board for the Association. The following are the new Board members for the 2nd term of the Association:

President : Mahant Jay Jaggessur

Vice-President : Haimraj Das

Secretary : Kamini Gaur
Asst Secretary : Ravi Munindra Das
Treasurer : Saroja Devi Mulloo
Asst Treasurer : Hitesh Prajapati
Religious Adviser : Reckha Jaggessur

The elections were supervised and conducted by Pandit Gopie, who congratulated the new Board and wished success to the Association on its renewed commitment to pursue its goals. The new President called upon everyone to fully participate in the Association's activities and looked forward to have a mandir/ashram set up in his 2nd term.

PRAGATYA DIVAS

As with previous years, Pragatya Divas was celebrated with great fervor and devotion this year as well. Celebrations were marked by an Anandi Chowka Arti which was held on June 12th at Mahant Jay Jaggessur's residence in Mississauga. Pragatya Divas is always a reminder to all of us how Satguru Kabir Saheb made His appearance on a lotus flower in Kashi at a time when the world needed a savior. Today, in the face of growing division and mounting tensions among nations and religions, His message and teachings are as important and relevant. Implementing His teachings and spreading His word can only be beneficial to a world plagued with war and hatred. Mahant Jay Jaggessur suggested that in the future, Pragatya Divas needs to be marked with a series of events which can better reach people.

BOOK LAUNCH BY DR DAS

Toronto was graced by Dr Das's visit in July, when he came to launch his latest book "Brahm Nirupan, A journey to enlightenment – The Ultimate reality". This event took place at the Viswanath Mandir in Toronto. Special thanks go to Pandit

Vishnu Ramhotar who graciously accepted to hold this event at the mandir. At the launch, Dr Das explained briefly the context Of Satguru Kabir Saheb's message contained in the "Brahm Nirupan". Devotees also had the opportunity to meet personally with Dr Das and discuss their views.

ANANDI CHOWKA AARTIS/VISITS

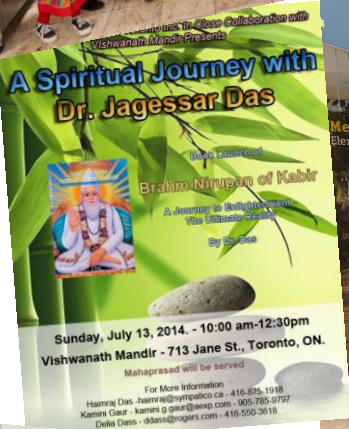
This year Anandi Chowka Aartis were hosted by the following devotees and attended by relatives, friends and family members:

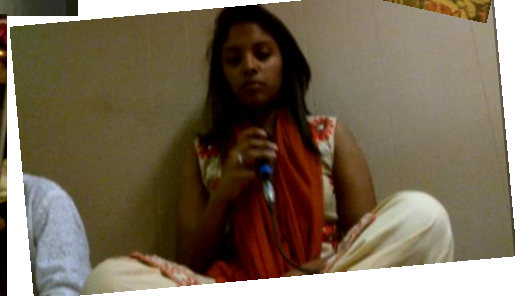
- Pooran Reesaul
- Haimraj Das
- Savi Ramroop
- Chano Coonjoo

Also, 2 Trinidadian Mahants also visited Toronto and devotees were fortunate to have their blessings and listen to their messages. Mahant Chabbinath Nagessar came in August and also participated in the Chowka Aarti at Haimraj Das's residence. Mahant Brigelall Baichue visited us in October and also participated in October's Satya Vaani satsang.

FAMILY FUN DAY

2014 Family Fun day was scheduled in August at the Chinguacousy Park. In previous years, Family Fun days were held in December around the festive season; but due to inclement weather conditions around that time, members preferred to hold it in summer. This year's activities were fun-filled for both adults and children. Everyone had fun and enjoyed the variety of food coming from culinary cultures of India, Mauritius, Guyana and Trinidad. Although rain tried to spoil the event, participants did not refrain from pursuing their favourite items. Whether it was cricket or ball race, rope skipping or tug of war, everyone enjoyed to the fullest. A walk in the park, and the flower garden also attracted many





nature lovers. Next year's Family Fun day will also be held in summer. Watch out for the date.

HAJUR ARDH NAAM SAHEB'S MAURITIUS VISIT

Panth Shri Hajur Ardh Naam Saheb made His first visit to Mauritius on October 30th, 2014, where He spent 20 days. On this special occasion, Mahant Jay Jaggessur wrote and composed a welcome bhajan (published in this edition) in honour of this historical visit. The bhajan was sung by the Kabir Association of Toronto Bhajan Mandali and is posted on Youtube at the following link :

<https://www.youtube.com/watch?v=eOUEC4ZWkbU>

Panth Shri Hajur Ardh Naam Saheb was accompanied by 10 Sadhus. He performed several Chowka Aartis and satsangs, which were attended by numerous devotees.

TOHI KAUN PAKRO

By Mahant Jay Jaggessur

Man likes to be in his comfort zone. Although we learn a lot about what we should do to improve our life, to live better, we still tend to cling to our habits. We tend to be afraid to do things which require us to come out of our usual way of life. "What if?" is the big question which prevents us from experiencing the better path. So, what is holding us?

Since we are born, we are taught, first by our parents, then by our teachers what we should do to succeed in life. What we should do secure a good job, a good pay, good benefits, and good perks. Some of these teachings even go to the extent of pushing us to compete with others. To prove our superiority over others. To win the race. Do we really need to go that far to carve a place for ourselves in the world? The fact is that we are taught to prove that we are better

than others, not to prove our worth, our value. This makes of us a prisoner of the social system that has been built on competition, struggle, and envy. With the rapid progress of technology, people have given in to each and every luxury “invented” to make their material existence better. But at the same time, these “inventions” have enslaved people and widened the gap between Man and his source. If living well was based on luxuries, fancies, lavishness, then the whole purpose of Man’s existence is corrupted.

Studying for a career, training for a job should not make us ignore our main goal of life. As we work, as we earn, as we fulfill our worldly duties, our responsibility towards our source should not be ignored. Each one of our five levels of existence needs to be taken care of. It is unfortunate that people tend to attribute all importance to their material existence and refuse to see beyond their physical bodies. The mental, causal, spiritual and eternal levels of our existence are as important, if not more important, than our physical existence. The reason why people limit themselves to the material plane only is that they associate themselves with their senses, which provide them with satisfaction at the physical body level only. What the physical eyes can see is readily understood, the tongue translates the satisfaction of good taste, and similarly, the ears, the nose, and the skin provide us with proof of our physical existence. However, these senses have their limitations and provide only temporary happiness at the physical level. Even if we are taught that the higher up we go, the closer we will get to our Source, we are still bound by the physical experiences.

The obvious reason for not pursuing our higher goal may be thought to be lack of knowledge or ignorance. However, it would be unfair to say so in cases where, even though people have been taught by their Gurus how to discriminate between the different levels of existence, they still resort to the lowest plane of existence. In fact, the resistance from pursuing higher goals is only coming from the person himself. What is holding him is not ignorance, but lack of will, or simply put, enjoyment of the bondage at the material level. Although they know that this world is only *Maya* (Illusion) and everything to which we are attached is only a false tie which does not last for long, people still cling to those

“attachments”, those relationships, those possessions. They refuse to see beyond and go above.

Satguru Kabir Saheb says:

Apan pau aap hi bisre
Jaise sonahaa kaanch mandir mein bharmat bhounki maro
Jo kehari vipou nirkhi koop jal pratimaa dekhi paro
Aise hi mad gaj phatik shilaa par dasnani aani aro
Markat moothi swaad naa bisre ghar ghar naachat phire
Kahein Kabir lalani ke soovanaa tohi kaun pakro.

The bird is so used to its cage; it holds it tight with its beak, and does not fly off even if the door is open. Attaching ourselves to all that the physical world has to offer to us merely makes us prisoners of our own world. When we are able to realize that everything at our disposal in this world is only for our use as long as we exist in this plane, then we are able to relate to our true identity. Otherwise, we are limiting ourselves to the (physical) bodily existence and not seeing beyond that. The lotus plant stems from muddy water, yet its flower majestically blooms above the water, pure, clean, and free from the dirt. Similarly, living in an illusory world and acknowledging its nature, we should detach ourselves from all the tentacles of seemingly lasting happiness and pleasure.

Realization is a matter of acknowledging our Higher Self and reckoning its existential value without ignoring our Lower Self. By being conscious at all times of the higher purpose of our existence, we can remain unaffected by happiness and sorrow, joy and suffering, success and failure. Just like the tree exists and is subject to the whims and caprices of nature (rain, drought, storm, sunshine, etc). However, its higher purpose is to bear fruits for others to consume, and provide

shade for others to benefit. The tree does not benefit from its own fruits or shade.

Sarvar taruvar Sant jan, chawthaa barse meh

Parmaarath ke kaarane, chaaron dhaari deh

We are the one who decide whether we want to be in bondage or free. No one is holding us. The life-force that the Supreme has loaded us with is not meant to be sparingly used; it is meant to be fully used to meet our purpose. By deliberately remaining attached to the world to enjoy life is limiting the powers of our Higher Self to enjoy eternal bliss; eternal bliss at a level beyond this material existence.

MESSAGE FROM THE BAL JYOTI GROUP

Through the rising tides of prosperity and waters of peace, it has been another great year for the Bal Jyoti group. What started off as a self-awareness initiative through the teachings of Satguru Kabir Saheb thrived into a precious gift of unity that our ever-lasting spirit will carry on indefinitely among everyone.

The difficulty today is that the journey in one's life is directed through worldly responsibilities through our life long duties of work and school, family and relationships, and activities and leisure which may influence most of our day. However, the main problem arises that opportunities for spiritual growth and practice are suppressed and people tend to be caught up with life's indulgences.

Fortunately, we do not have to look far off into the horizon, with guidance and teachings thought in the form of spoken lectures, saakhis, short stories, and bhajans contained in the Bal Jyoti satsangs. As of one saakhi from Satguru Kabir Saheb suggests, "Koti Granth Kaa Saar Hai Satyanaam Tatv Saar, Jo Koyi Jan Hridaye Dhaare, So Jan Utare Paar". There are millions of scriptures with the message of the Supreme Lord's eternal name. Only the person who holds the right teachings and qualities that dwell deep in their heart can cross the shore. Just one of the many saakhis taught every month, by our respected spiritual teacher, Mahant Jay Jagdessur. Great things come to us first in little steps in order

for us to realize our true selves; thus we must take the initiative to start learning to understand deeper the spiritual ascent. Moreover as a Bal Jyoti family, what better way is there to grow and move forward in our spiritual endeavors together? As anything in life nothing comes easy, as the success in our group is due to the dedication of the rising youth members this year. “Coming together is a beginning; keeping together is a progress; working together is a success” – Henry Ford. Just as the idea suggests, fellow youth members are humbled by the task of creating our very own website and every member has taken an active role to work together to make it all happen in the forthcoming future. The initiative of the Bal Jyoti group is to provide monthly information about each Satsang, as well as promote Satguru Kabir Saheb’s teachings. As a young generation coming from different backgrounds we will continue through unified ties to promote the universal teachings of divine love, compassion, and respect to all walks of life.

On behalf of the Bal Jyoti Circle of the Kabir Association of Toronto, we would like to wish you one and all the very best wishes for the holiday season. As you all enjoy these joyous moments, there is nothing better than spending quality time with family and friends. We would like to thank all those who have shown their commitment, guidance, and support and look forward to the same continued contribution as we move into the New Year.

Bandagi Saheb to all.

Ravi Dass and Associates of Bal Jyoti

काशी से गुरु आया-Kaashi Se Guru Aaya

गुरु बसे वाराणसी , शिष्य समुन्दर तीर
बिसराए बिसरे नहीं, जो गुण होये शरीर

Guru base varaanasi, shishya samundar teer
Bisraaye bisre nahin, jo gun hoye shareer

सतगुरु ने जब आज्ञा दिन्हा
मॉरिशस तब धन्य भया
सुनो रे भैया, काशी से गुरु आया
सुनो रे सखी, काशी से गुरु आया

Satguru ne jab aagyaan dinhaa
Mauritius tab dhanya bhayaa
Soono re bhaiyaa, Kaashi se Guru aayaa
Soono re sakhi, Kaashi se Guru aayaa

काशी नगरी सर्वो उत्तम,
मॉरिशस भी परम अति सुंदर
भक्तों और सन्तों का मिलना
है कितना ही शुभ अवसर
सुनो रे भैया...

Kaashi nagari sarvo uttam,
Mauritius bhi param ati soondar
Bhakton aur Santon ka milnaa
Hai kitnaa hi shubh avasar
Soono re bhaiyaa...

गुरु के शब्द बड़े ही निराले,
जो भी ध्यावे वो ही जाने
सुन ले वाणी सत्य वचन की
फिर ना मिले सुअवसर ऐसा
सुनो रे भैया...

Guru ke shabad bade hi niraale,
Jo bhi dhyaave woh hi jaane
Soon le vaani satya vachan ki
Phir na mile suavasar aissa
Soono re bhaiyaa...

हजूर अर्ध नाम की जय जय बोलो
सब सन्तों की जय जय बोलो
काशी नगरी की जय जय बोलो
मॉरिशस की जय जय बोलो
सत्यनाम की जय जय बोलो
बोलो सतगुरु कबीर साहेब की...जय

Hajur Ardh Naam ki jay jay bolo
Sab Santon ki jay jay bolo
Kaashi nagari ki jay jay bolo
Mauritius ki jay jay bolo
Satyanaam ki jay jay bolo
Bolo Satguru Kabir Saheb ki...jay

Dates of Religious Gatherings and Events - 2015

Purnima Vrat

Jan	-	4
Feb	-	3
Mar	-	5
Apr	-	3
May	-	3
Jun	-	1
Jul	-	1
Jul	-	30
Aug	-	28
Sep	-	27
Oct	-	26
Nov	-	25
Dec	-	24

Bal Jyoti

Jan	-	17
Feb	-	14
Mar	-	14
Apr	-	11
May	-	16
Jun	-	13
Aug	-	8
Sep	-	12
Oct	-	10
Nov	-	7
Dec	-	5

Kabir Association of Toronto Inc.

Ph# 2892327063

More info @ kabirsaheb.org

Satyavani Satsangs

Jan	-	3
Jan	-	31
Feb	-	28
Mar	-	28
May	-	2
Jun	-	1*
Jun*	-	27
Jul	-	25
Aug	-	22
Sep	-	26
Oct	-	24
Nov	-	21
Dec	-	19

Satyavani and Bal
Jyoti Satsangs are
held at

3386 Homark Dr,
Mississauga, ON
L4Y 2K7 at 4:30pm

*On June 1st,
Chowka Aarti will
be held at 11:00am
for Pragatya Divas